

Facilitating a social group for people living with young onset dementia in Taranaki

Experiences & Learnings



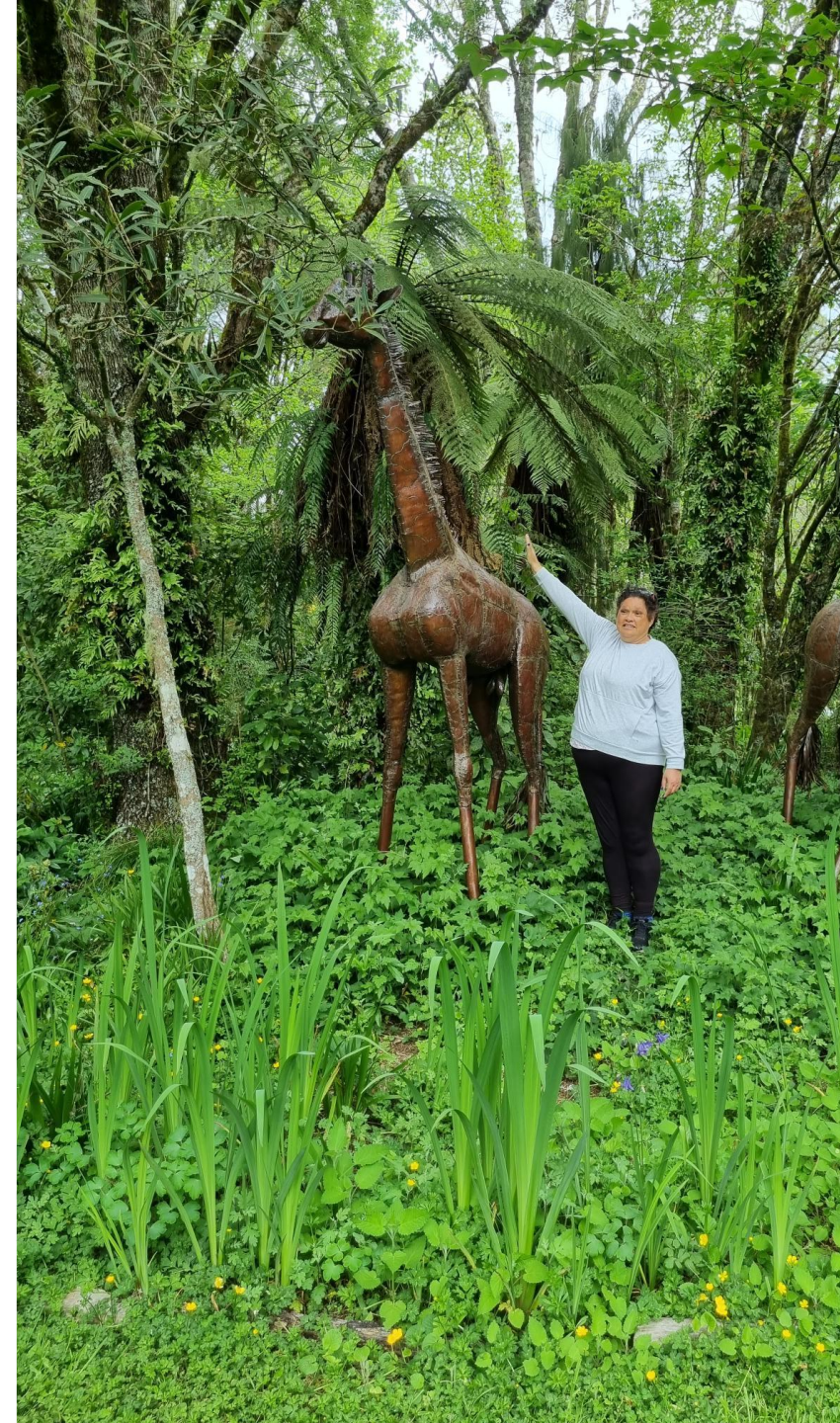


When & Why?

We first began developing a young onset service in 2020, following referrals for several younger females.

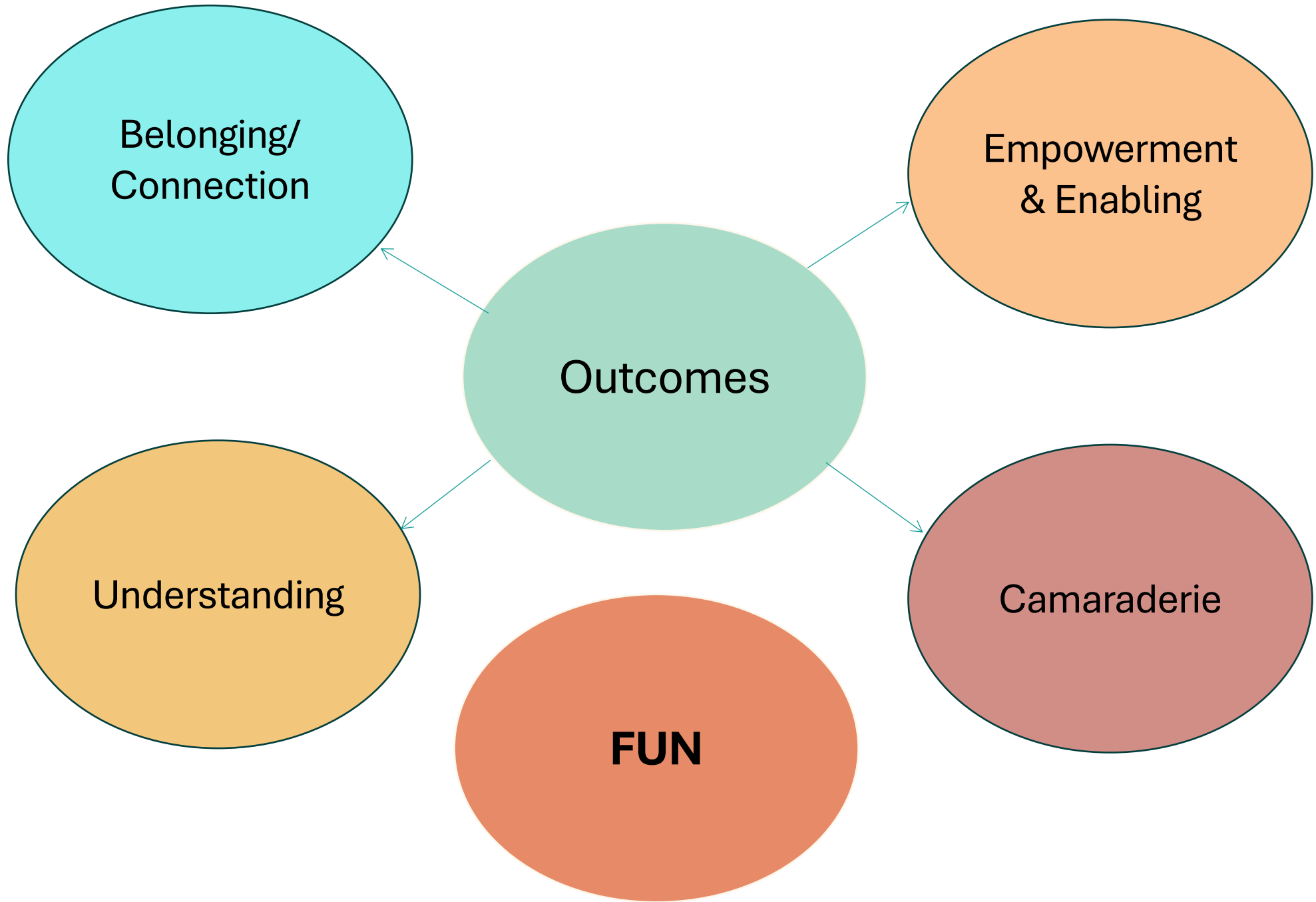
How?

- But we had 0 funding!
- We started with a small donation & some petrol vouchers from a local garage.
- We had an enthusiastic DT who took the group into her capable hands,
and so... The Daytrippers were born!





- Participants chose the outings and activities.
- They visited beaches, gardens, art studios and museums.
- We tried to make it free/low cost.
- Our volunteers helped where possible.





Positive feedback & evidence led to a successful funding application in 2021.

But not long after, we hit some roadblocks.

We experimented with different approaches.

Our focus had to shift back to the people.

Learnings

Each subsequent version of the group has brought its own positive outcomes.

There is no one model.

Creating a service that is flexible, responsive and enabling.



Learnings

Our role is not to decide what
their life should look like

It is about creating joy,
connection & purpose

Being present

Gratitude



What we offer today



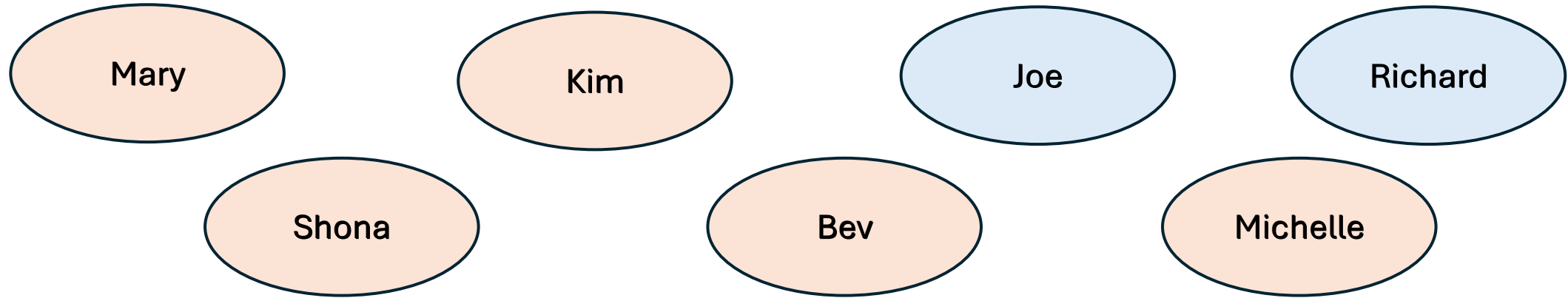
Dementia friendly Book group

Watercolour café at Waimanāko

Walking group at Pukekura Park

Age Concern Strength &
Balance class

This presentation is dedicated to:



- And all the clients we currently support who are living with young onset dementia