



Social media guidelines

Get help and support

For professional advice and help it's best to call your local Alzheimers or Dementia organisation on 0800 004 001. In an emergency, call 111. If it is a medical issue and you need urgent advice, call Healthline on 0800 611 116 or talk to your GP or practice nurse. If you wish to make a complaint about a service provider please contact the organisation directly.

Be kind

We want this to be a kind and inclusive online space – a place where everyone feels valued, respected and safe.

Respect privacy

All New Zealanders, including people who live with dementia mate wareware, have a right to privacy. Please consider what you are sharing in relation to another person's private information or things they may not be comfortable with you sharing publicly here.

Be mindful of language

Users should be mindful of the language they use and the impact this might have on others, particularly on people living with dementia mate wareware.

Keep interactions respectful

No swearing, defamatory, obscene, pornographic or otherwise illegal material; discrimination on the basis of race, religion, gender, sexual preference, nationality or age; or libellous or defamatory posts. No personal attacks, abuse or threats.

No spam or advertising

Posts and comments must not contain spam or advertise products or medical procedures.

Moderation and blocking users

We reserve the right to delete or remove posts and comments at our discretion. Repeatedly violating our guidelines will result in users blocked without warning.

Keep conversations appropriate

You can help by notifying us of potential problems and encouraging each other to keep conversations appropriate. If you spot something you think is inappropriate please let us know via a Facebook message or email comms@alzheimers.org.nz.