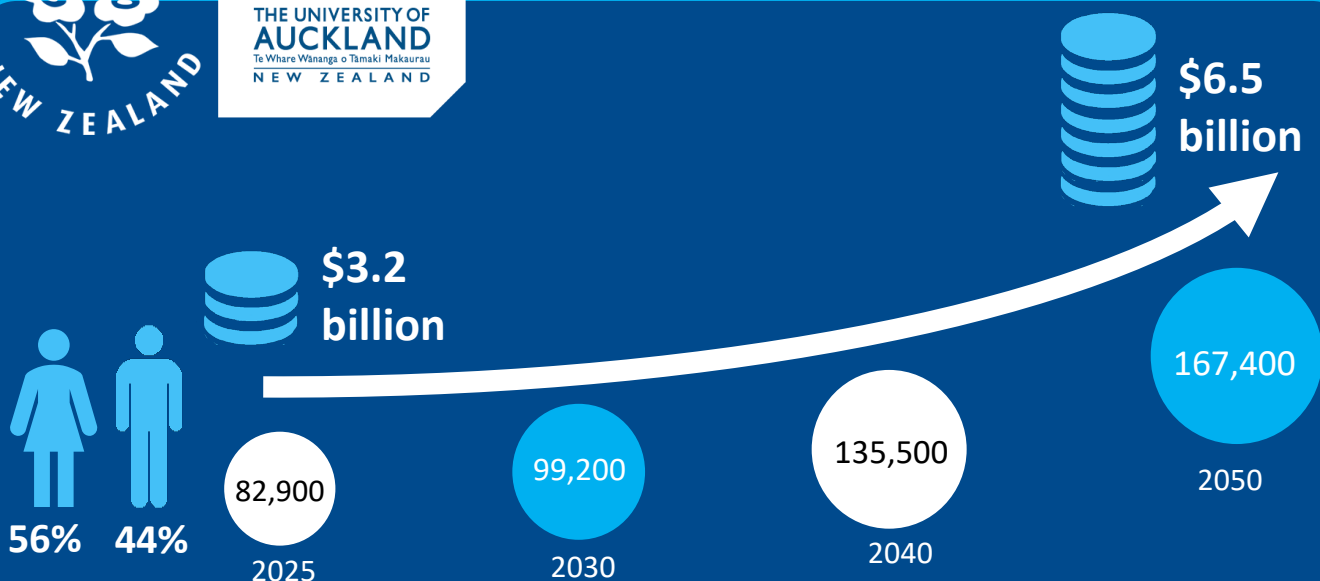




Dementia in Focus



Number of people with dementia



3 people develop dementia every hour in 2025



4 people develop dementia every hour in 2050

One in four people will die with dementia



Dementia is increasing **faster** in Māori, Pacific, and Asian peoples

Carers provide **62.5 million** hours of unpaid care



Valued at **\$1.7 billion** per year

Dementia also affects younger people



6,800 people aged **0-64** have dementia (8%) in 2025

Priority Areas



Inaction is the most expensive choice



Meeting the needs of different ethnic groups



Start prevention **NOW**

Dementia in Focus

Aotearoa New Zealand is a global leader in national-level dementia estimates. Our data-driven models reveal the scale of the challenge and guide future planning.

- 1. **Prevalence** (total number of people with dementia) and **Incidence** (number of new cases)
 - The number of New Zealanders with dementia is projected to more than double.
 - **3 people** develop dementia every hour in 2025; **4 people** develop dementia every hour in 2050.

Year	Prevalence	Incidence
2025	82945	23580
2030	99245	26430
2040	135470	31000
2050	167400	36605

- 2. A higher proportion of females live with dementia, largely because women tend to live longer than men.

- 3. **Escalating Economic Costs**
 - Updated modelling underway using 2023 census projections, new incidence data, and current service costs.
 - **\$3.21 billion** in 2025 (a 2% increase since 2020)
 - Estimated to reach **\$6.49 billion** (in 2025 dollars) or \$10.65 billion (in 2050 dollars) by 2050
 - Driven by increased costs of hospitalisation (25% increase), aged residential care (9% increase) and informal caregiving (20% increase).

- 4. **1 in 4** people will die with dementia in New Zealand.

- 5. **Māori, Pacific, and Asian** peoples are experiencing **faster**-growing dementia rates.

- 6. In New Zealand, unpaid carers (family and friends) provide **62.5 million hours** of care to people with dementia, which is valued at **\$1.68 billion per year**.

- 7. Young-onset dementia is a growing concern
 - 6,760 people aged 0–64 years old are living with dementia in 2025, which accounts to 8% of dementia in New Zealand.

Epidemiology, costs and projections references

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3. Ma'u E, Cullum S, Mukadam N, Davis D, Rivera-Rodriguez C, Cheung G. Estimating the prevalence of dementia in New Zealand using capture-recapture analysis on routinely collected health data. *Int J Geriatr Psychiatry*. 2024;39(8):e6131.
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