

He aha ngā mahi māmā mo te whānau? The Simple Things

Peni Hillman – Te Puna Ora o Mataatua





Te Puna Ora o Mataatua

What have we been up to?

- ◆ Recruitment and training of team
- ◆ Communications Person
- ◆ Engaging with a co-design group – made up of 3 families
- ◆ Community GP Bus – Rehua Nuku Ora





What we have learnt so far!

- ◆ Don't want to ask for anything
- ◆ Time – “100 cups of tea”
- ◆ Unlimited access to kaiārahi
- ◆ Challenges of navigating respite care, carer support and EPOA

What we have started:

- Cognitive Stimulation Therapy Programme
- Educational Sessions – EPOA, Carer Support, Respite
- Kaiārahi are available



Working across our region

Alzheimers EBOP

RSA Veterans Expo

Kaumatua Programmes

Hauora Maori across the region

Community Law

Where to from
here:

Keeping information simple

Guidance

Education sessions for families

More programmes in the rural areas

Educational promotional material

PĀTAI?

