



Alzheimers *New Zealand*

Dementia Declaration

Our lives matter

Lived Experience Advisory Group

September 2024

Fiona Parrant



We live our best possible
lives when...

He whakapuaki mō te



1. We have control over our lives; we have support to make decisions that are important to us.

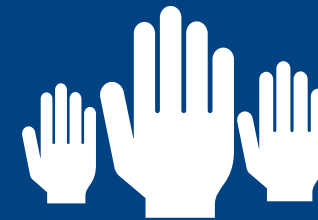
- Elizabeth Duke



2. We have consistent quality support, care and information which is timely and appropriate to us; it is provided with kindness by compassionate people who have the right skills and knowledge, our interests as a focus, and with whom we are comfortable.

- Jennifer Watson

Kay Grant



3. A circle of support protects our wellbeing, allowing us to maintain strong mutual connections with our whānau, friends, colleagues and those who are important to us.

we live our best possible lives



4. We live in knowledgeable communities that include, accept and understand us.



5. We continue to be actively engaged in roles and activities which are meaningful and important to us.

- Alister Robertson

Adrienne Henderson



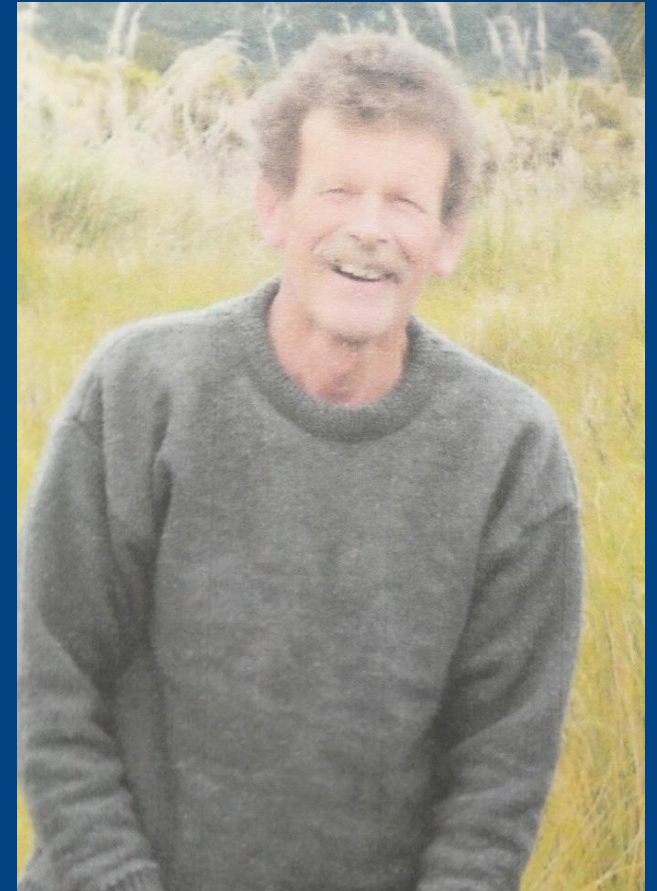
6. We have the things we need to live well such as housing, privacy, an adequate standard of living, and ways of getting where we need to go.



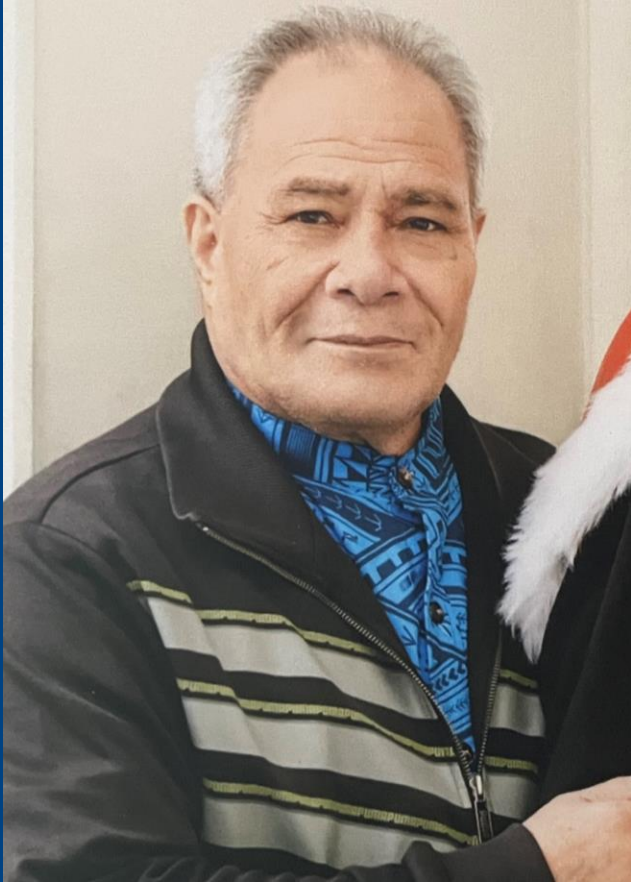
7. We are loved; our presence matters.

- Val Pollard

“I am still me.”



“I am still me.”



“I am still me.”












Pledge your support for the Dementia Declaration: Our Lives Matter

"We ALL want to be seen, valued, appreciated and loved for who we are."
As New Zealanders living with dementia, we are citizens whose lives matter.
We have the same rights, privileges and obligations as everyone else.
Our Declaration sets out what we need to live well.

We live our best possible lives when:

-  We have control over our lives; we have support to make decisions that are important to us.
-  A circle of support protects our wellbeing, allowing us to maintain strong mutual relationships with our families, whānau, friends, colleagues, and those who are important to us.
-  We continue to be actively engaged in roles and activities which are meaningful and important to us.
-  We have consistent quality support, care and information which is timely and appropriate to us; it is provided with kindness by compassionate people who have the right skills and knowledge, our interests as a focus, and with whom we are comfortable.
-  We live in knowledgeable communities that include, accept and understand us.
-  We have the things we need to live well such as housing, privacy, an adequate standard of living, and ways of getting where we need to go.
-  We are loved; our presence matters.

"I am still me."

This Declaration was developed by people living with dementia on Alzheimer's New Zealand's Advisory Group.

