

# Repositioning Dementia Progress in Biomarker and Therapy Research

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[www.otago.ac.nz/bhrc](http://www.otago.ac.nz/bhrc)

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Te Whare Wānanga o Ōtāgo  
NEW ZEALAND



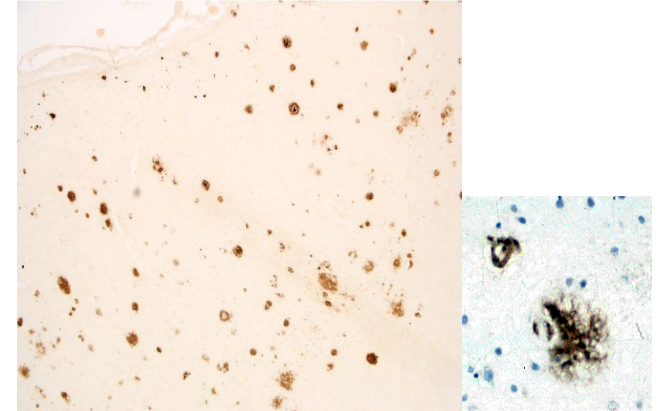
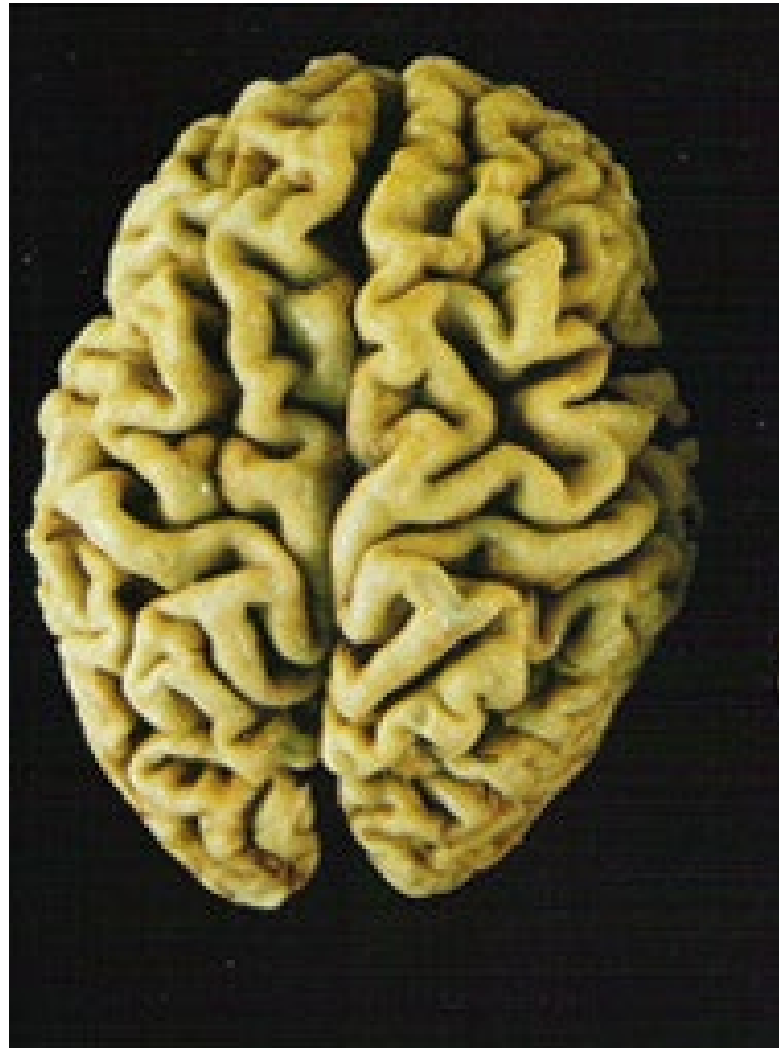
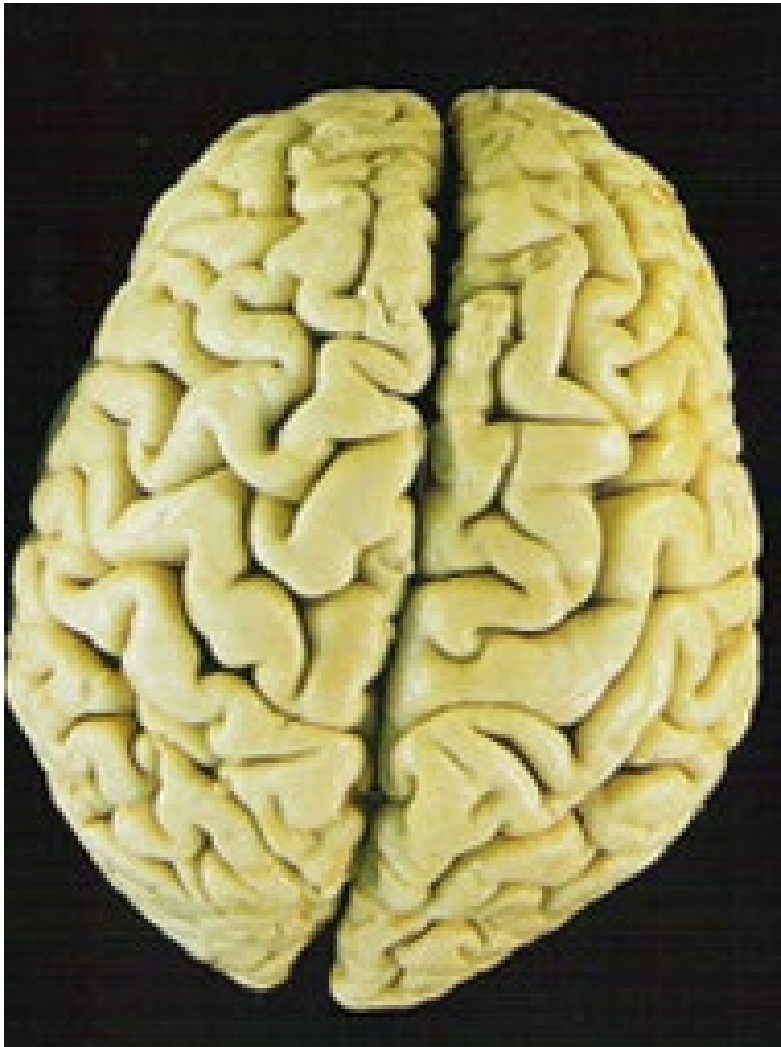
Aotearoa  
Brain  
Project

Kaupapa  
Roro o  
Aotearoa

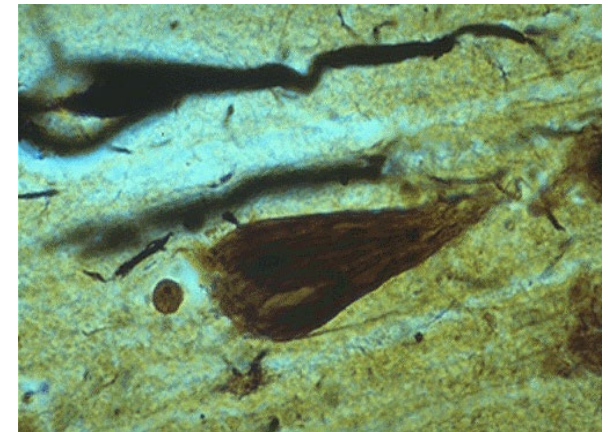
[www.aotearoabrainproject.nz](http://www.aotearoabrainproject.nz)



# Alzheimer's disease



Plaques (amyloid- $\beta$ )



Tangles (tau protein)

**neuroinflammation**

# The Big Issues

(from a research perspective)

Prevention  
Delay



Early Detection

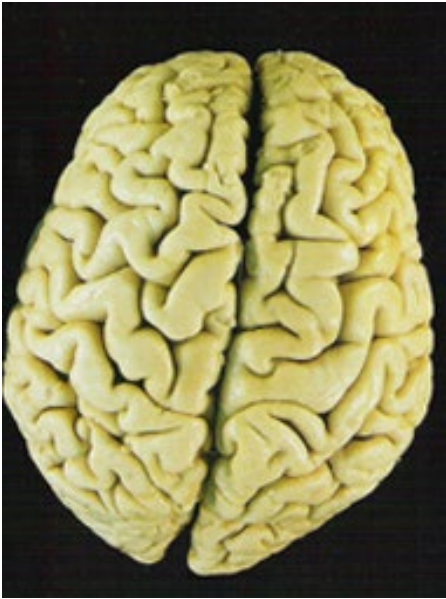


Effective Treatment





# Prevention / Delay: Use or it lose it

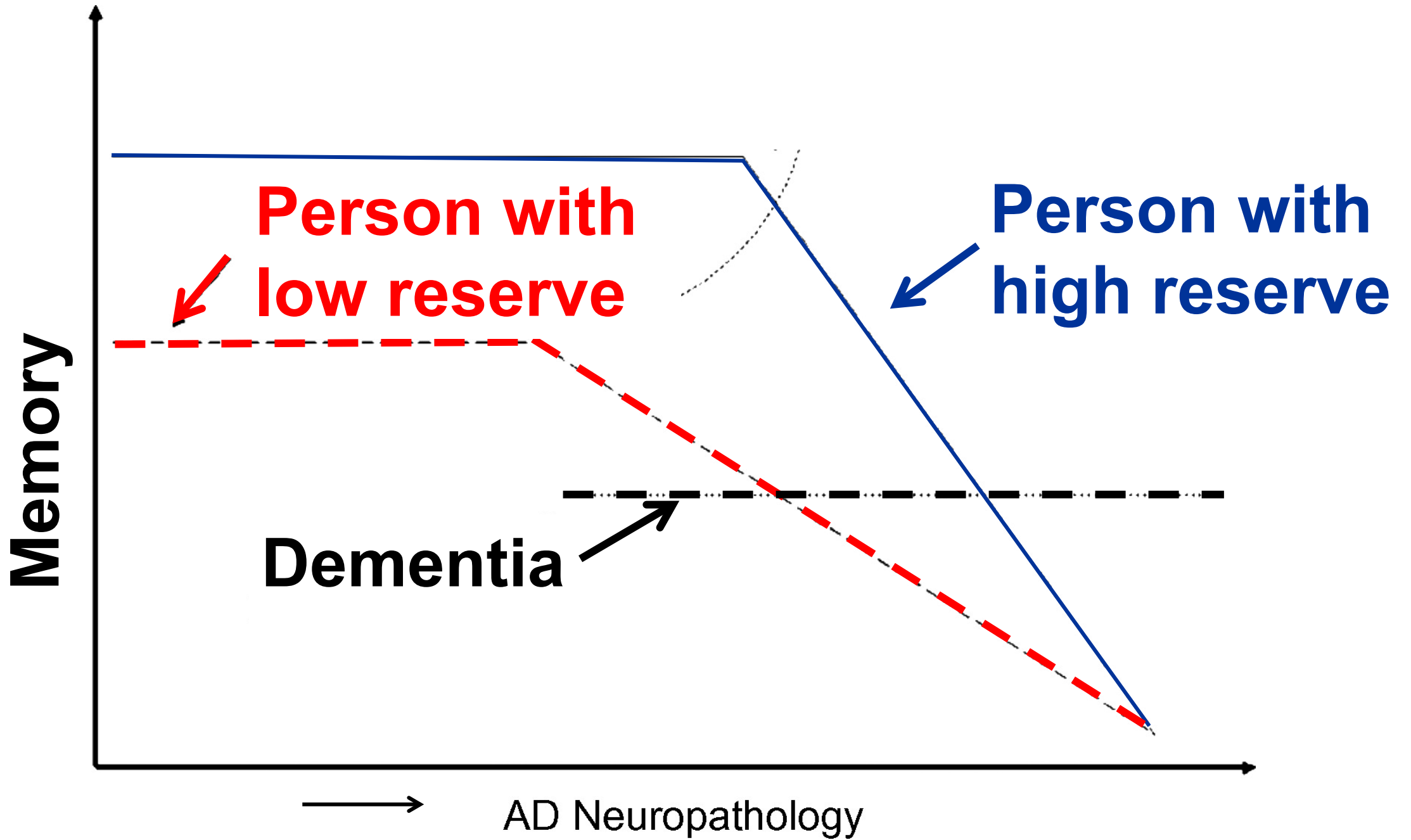






**Prevention / Delay**





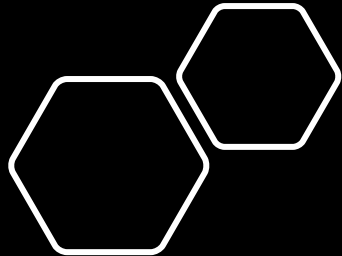
# The All Blacks' bench has something 'no other team' has

By Ned Lester

39 days ago

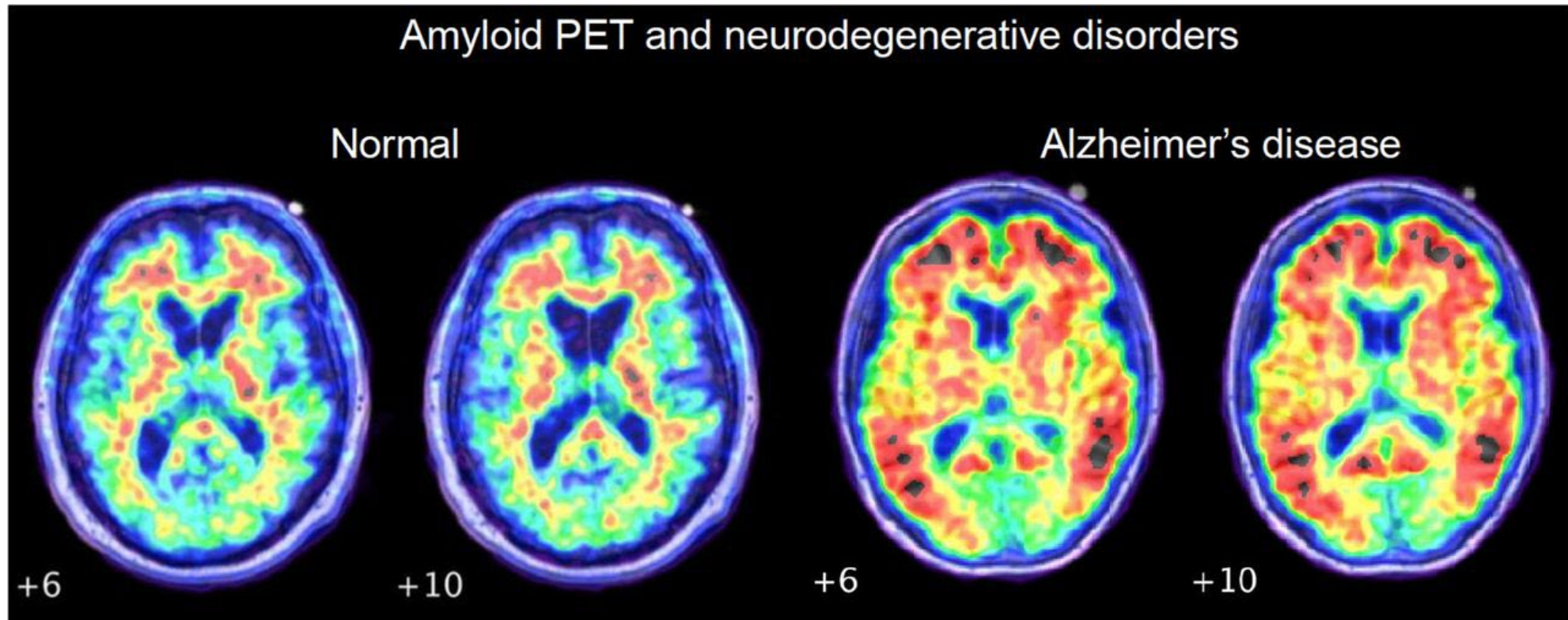


Damian McKenzie with ball in hand for the All Blacks. Photo by Catherine Ivill/Getty Images ▼





# Early Detection? Amyloid “PET” scan

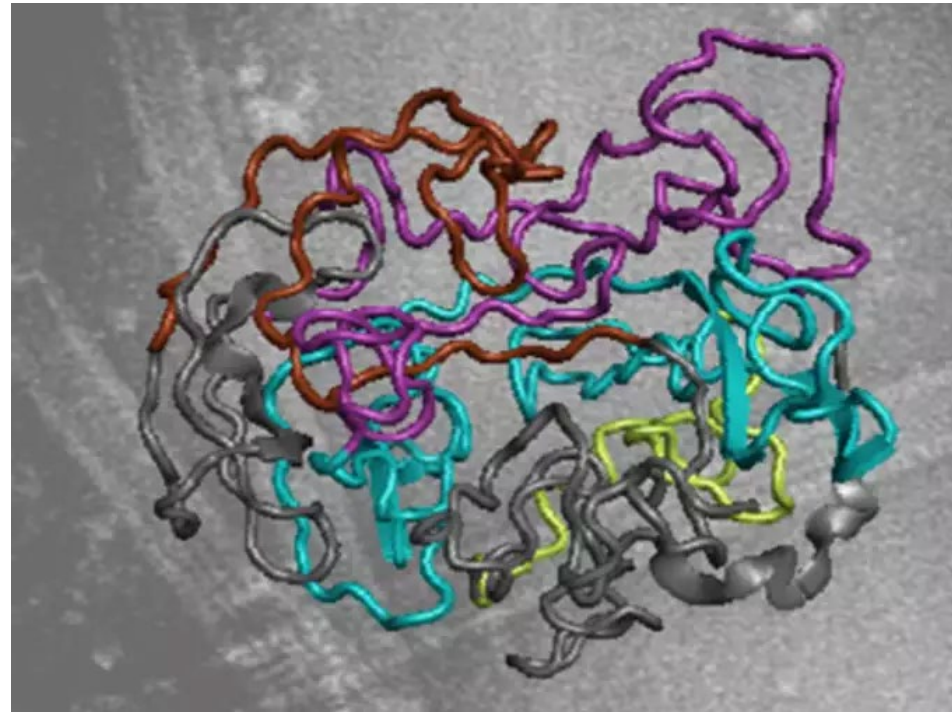


Marianne Chapleau, et al, Journal of Nuclear Medicine June 2022, 63  
(Supplement 1) 13S-19S; DOI: <https://doi.org/10.2967/jnumed.121.263195>



# Early Detection? A New Hope?

## Blood tests for early stage AD - tau protein



Alzheimer's disease-related modifications of tau protein found in plasma

1. pTau-181 (+amyloid- $\beta$ )
2. pTau-217

# Early Detection? **A New Hope**

## A blood test for early stage AD: “microRNA”



86% Specificity  
80% Sensitivity

Provisional Patent #766493

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**INNOVATION**  
A UNIVERSITY OF OTAGO COMPANY



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**FOUNDATION TRUST**



**Neurological  
Foundation**  
A pathway to hope



Assoc Prof  
Joanna Williams



Diane  
Guévremont



Prof Warren  
Tate



Dr Nick  
Cutfield



Treatment: all **Challenge**, or is there **New Hope**?



# FDA-approved Treatments

## Increase levels of Acetylcholine by blocking its breakdown

- tacrine (Cognex®), approved in 1993 but now discontinued
- donepezil (Aricept®, Donepezil-Rex®) approved in 1996
- rivastigmine (Exelon®, Rimane®), approved in 2000
- galantamine (Razadyne®, Reminyl®), approved in 2001

Increase brain “tone”

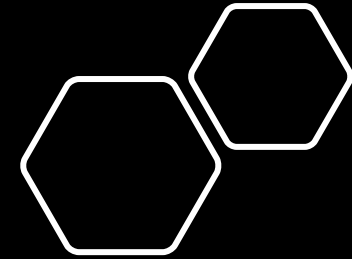
About half of the people who take these drugs experience a modest improvement in cognition.





# Treatment: considerations

- Effective !
- Long-lasting
- Non-invasive
- Brain-wide delivery
- Cross the blood-brain barrier
- Few if any side-effects
- Affordable

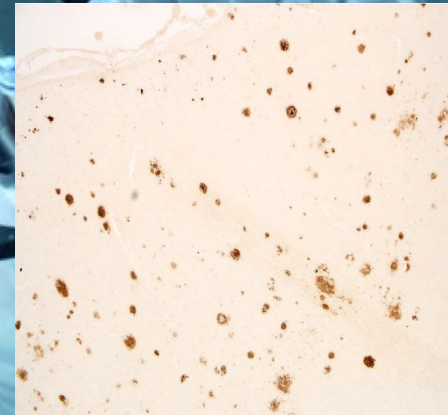




Aducanumab (Aduhelm™) – FDA approved but selling stopped

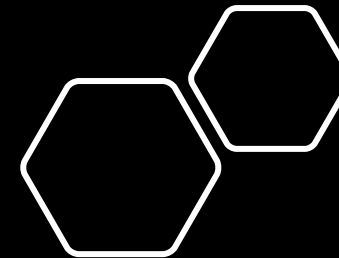
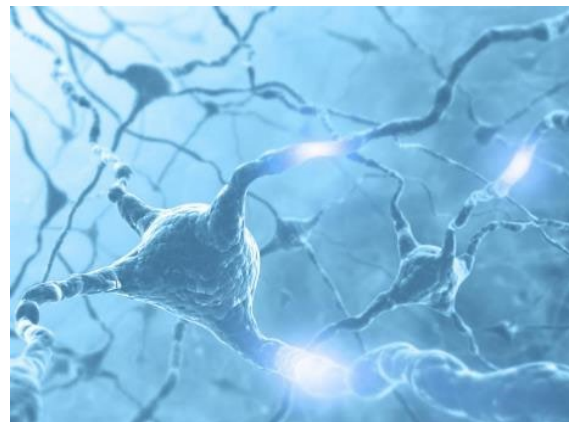
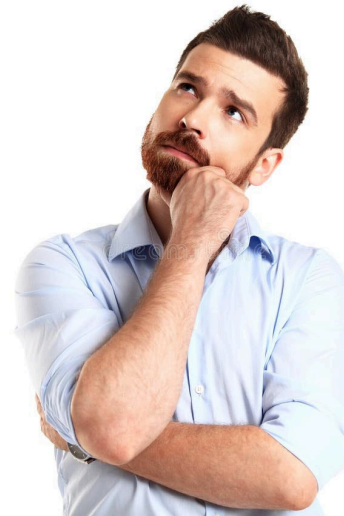
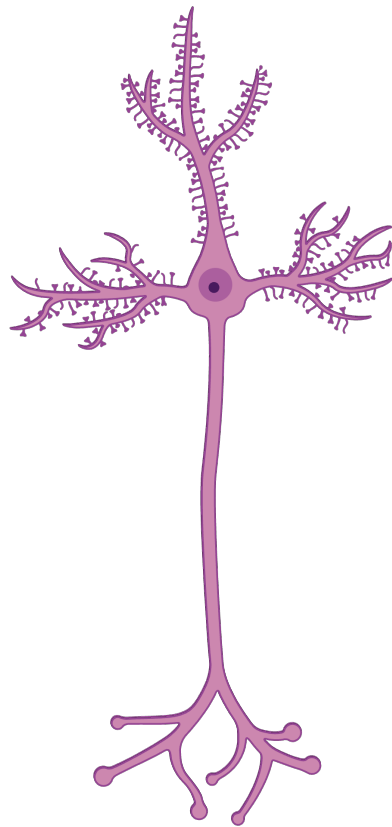
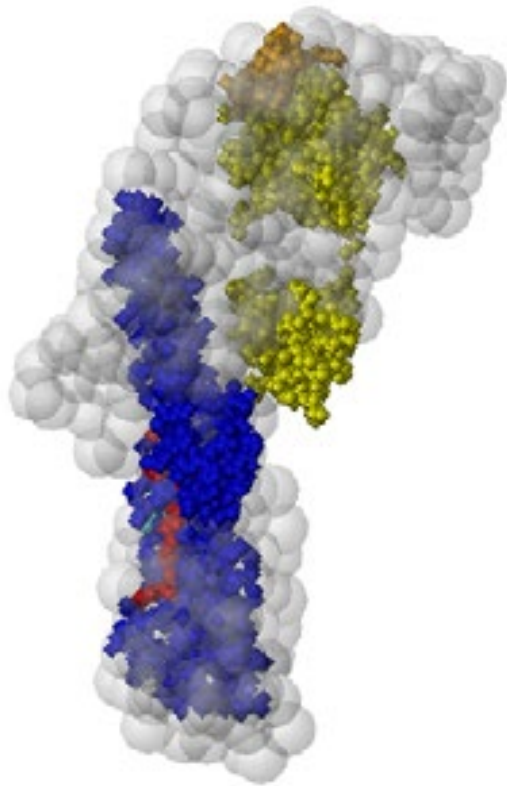
Lecanemab – FDA approved

Donanemab – not yet FDA approved





# A new treatment target

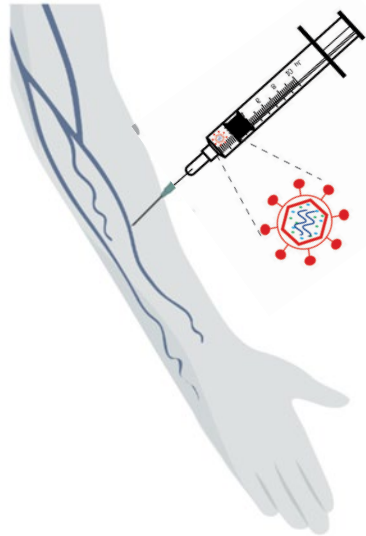
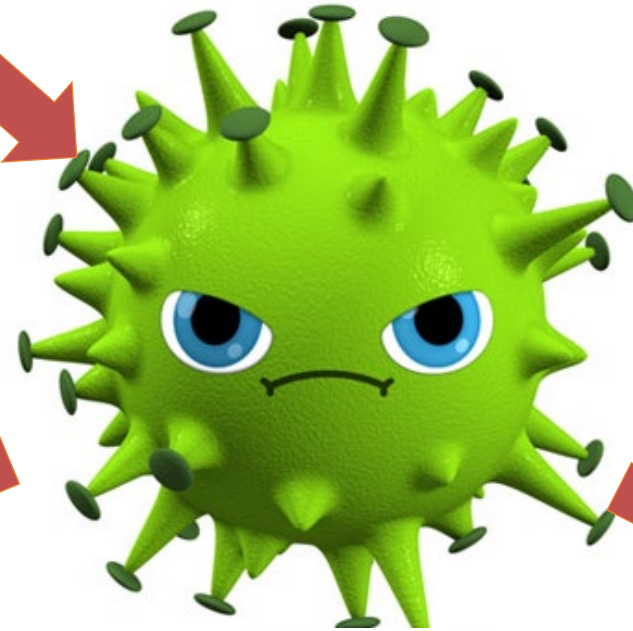


# Gene Therapy - a one-time fix?

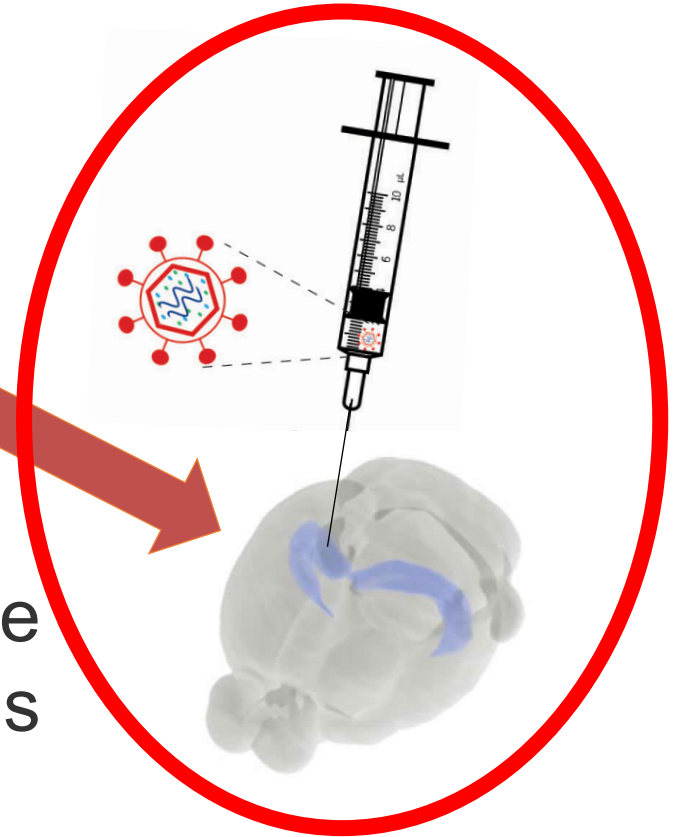
Therapeutic  
gene



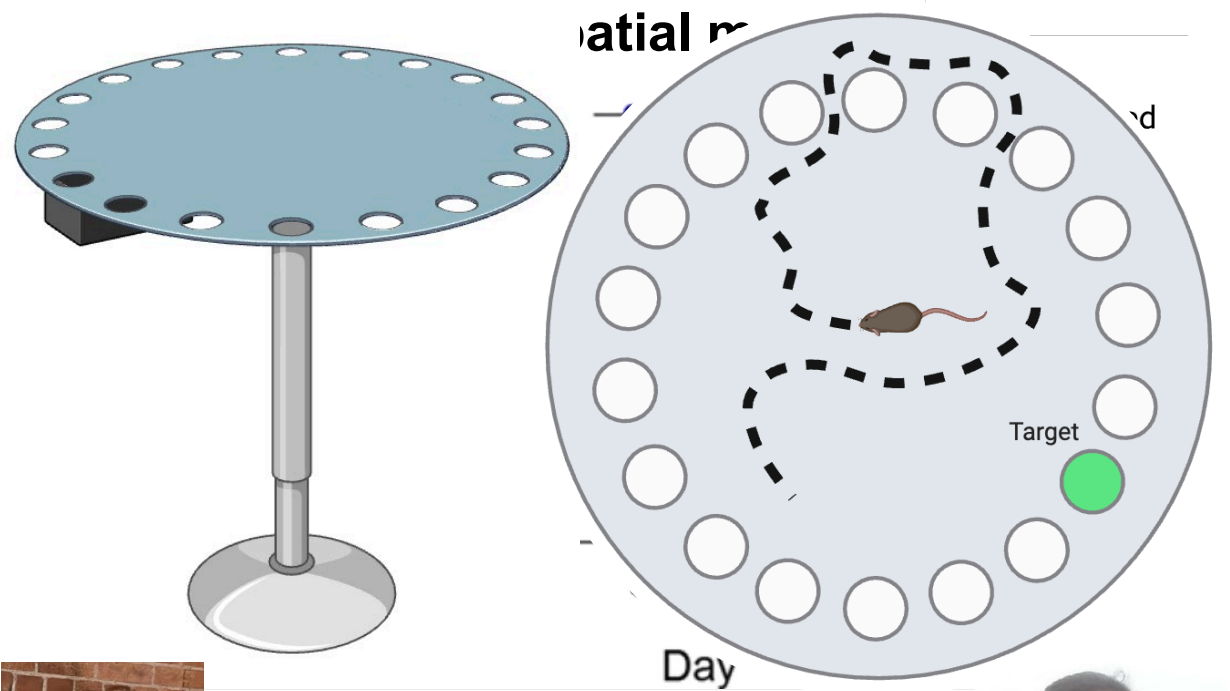
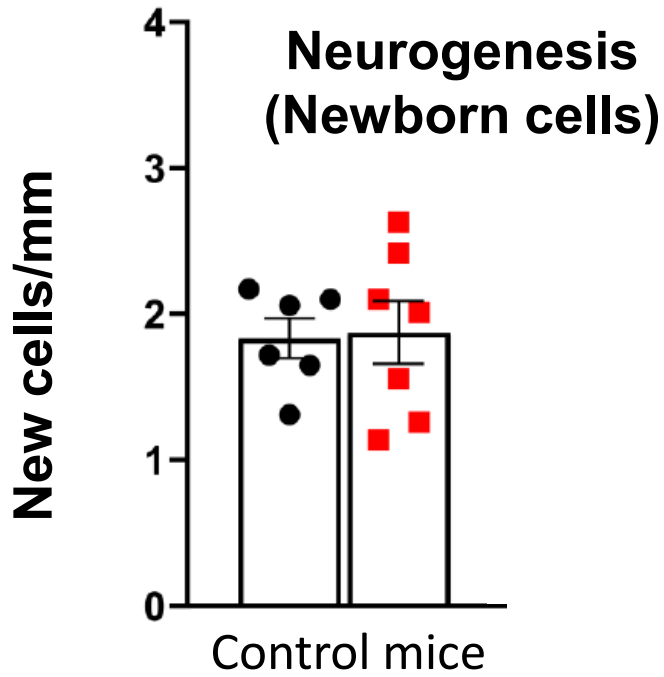
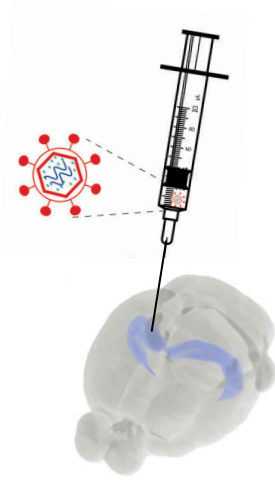
Package into a  
virus envelope



Inject into the  
hippocampus



# Mouse model of AD



Connie Chan



Dr Shane Ohline



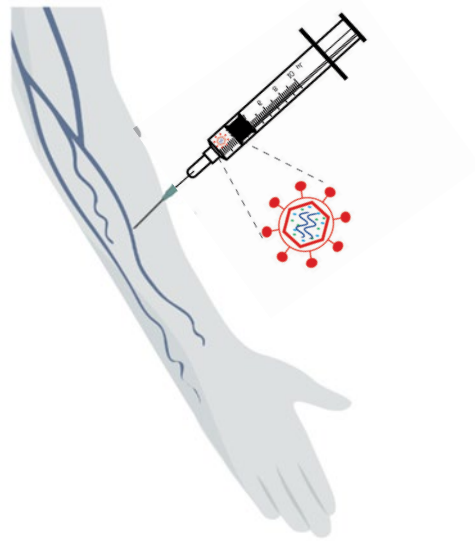
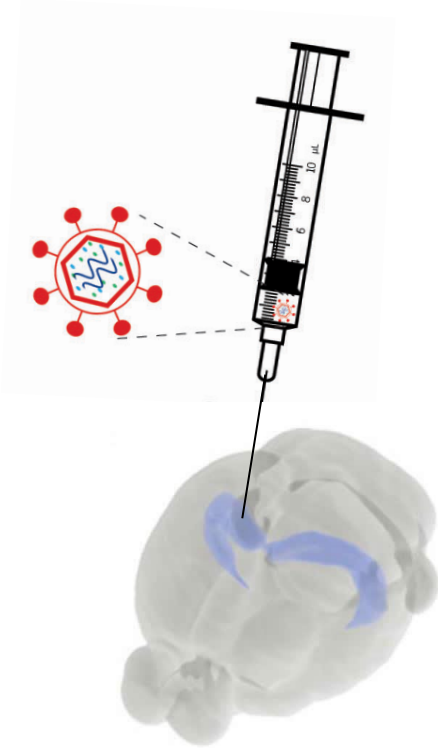
Barbara Logan

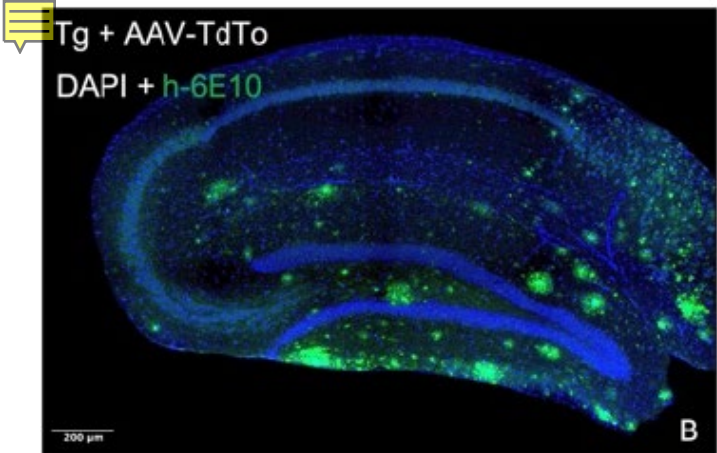


Dr Valerie Tan



# Intravenous injection





Sophie Mathiesen



Dr Emily He

# The Hope

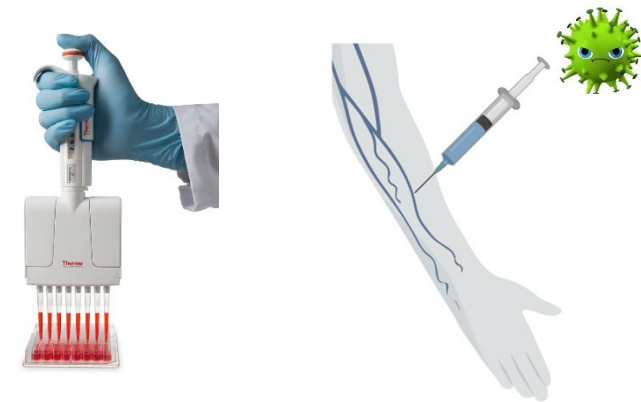
**More  
neuroprotective  
proteins in the  
brain**

**=**

**Greater Brain Resilience  
More Cognitive Reserve  
Reduced pathology  
Delayed symptoms  
Longer Healthspan**



With what you can do, and what we can do,  
working together we can add life to years





Prof Stephanie Hughes



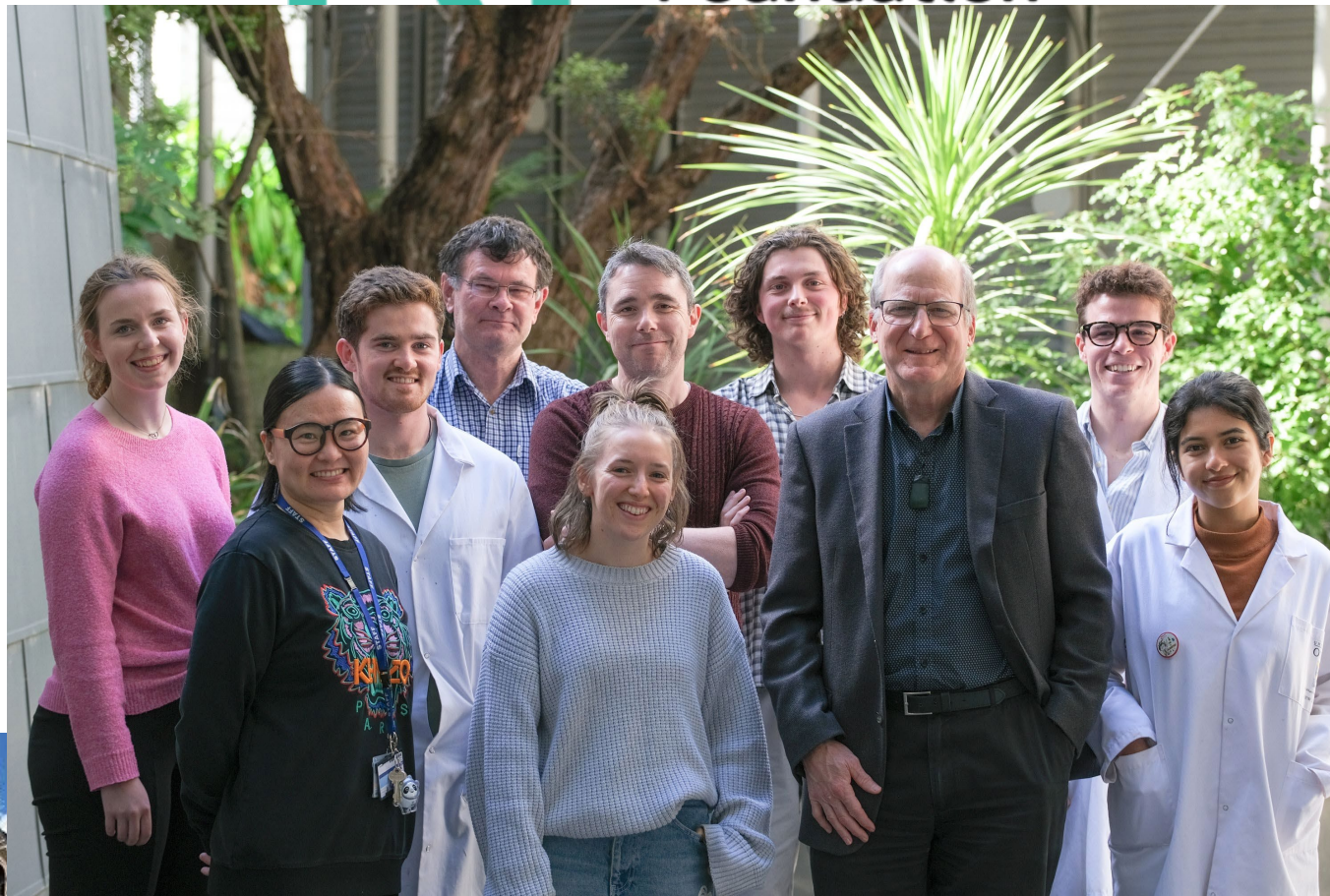
Dr Luci Schweitzer



Prof Warren Tate



Neurological  
Foundation

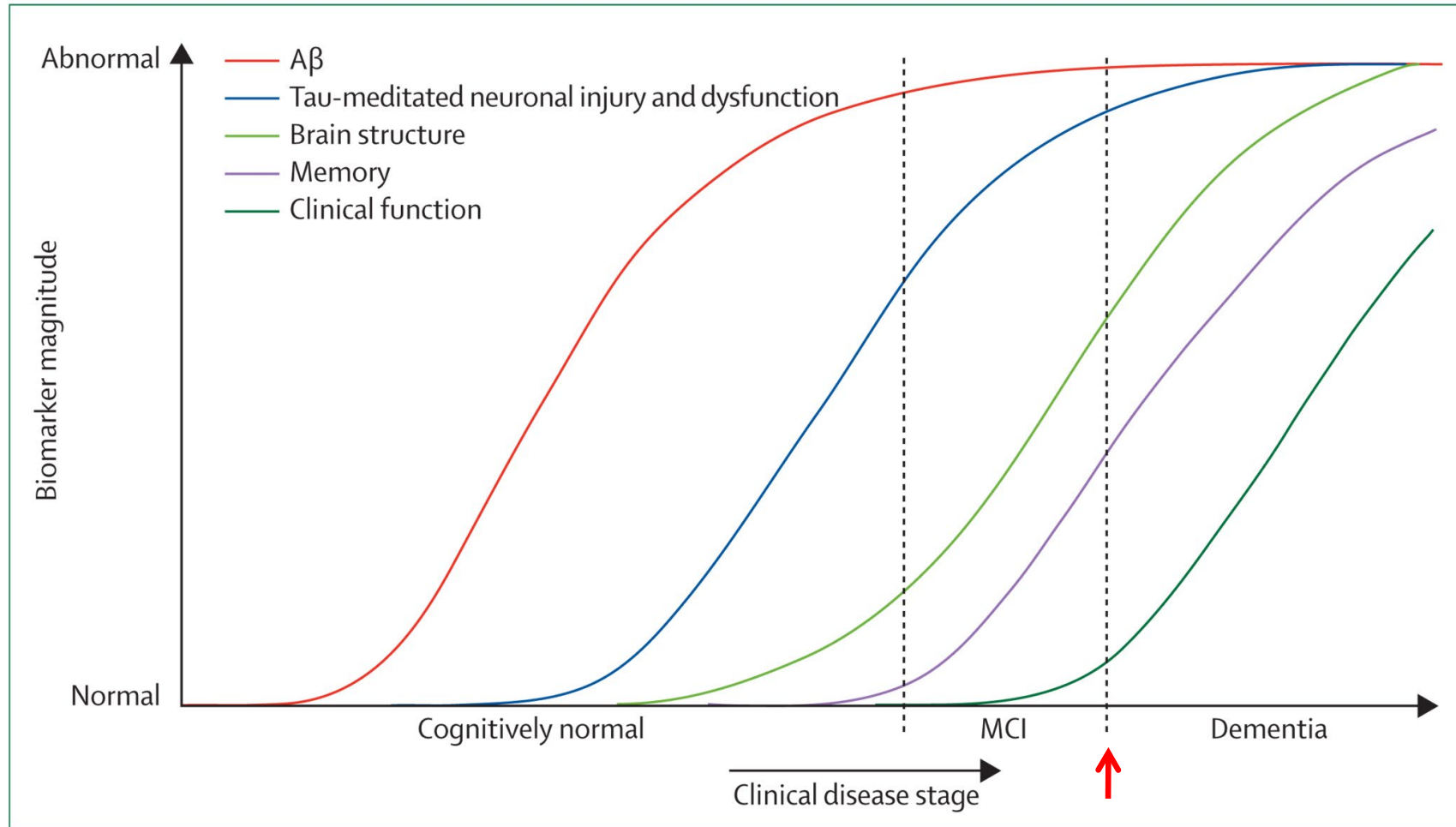


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Research  
NEW ZEALAND  
Rangahau Roro Aotearoa

## Timelines for AD Biomarkers and Clinical Function



AD may begin up to 25 yr prior to clinical diagnosis



# FDA-approved Treatments

Attenuate over-excitation of nerve cells

Memantine (Ebixa®, Namenda®)

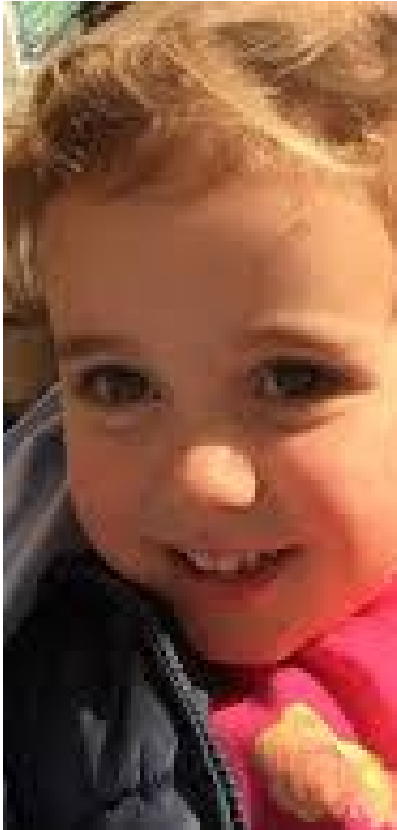
- approved 2003 by the FDA for treatment of moderate to severe AD

Memantine may protect cells against toxicity arising from nerve cells becoming too highly activated. However, the exact reason for its effectiveness is not known.



# Has gene therapy worked yet?

Childhood blindness

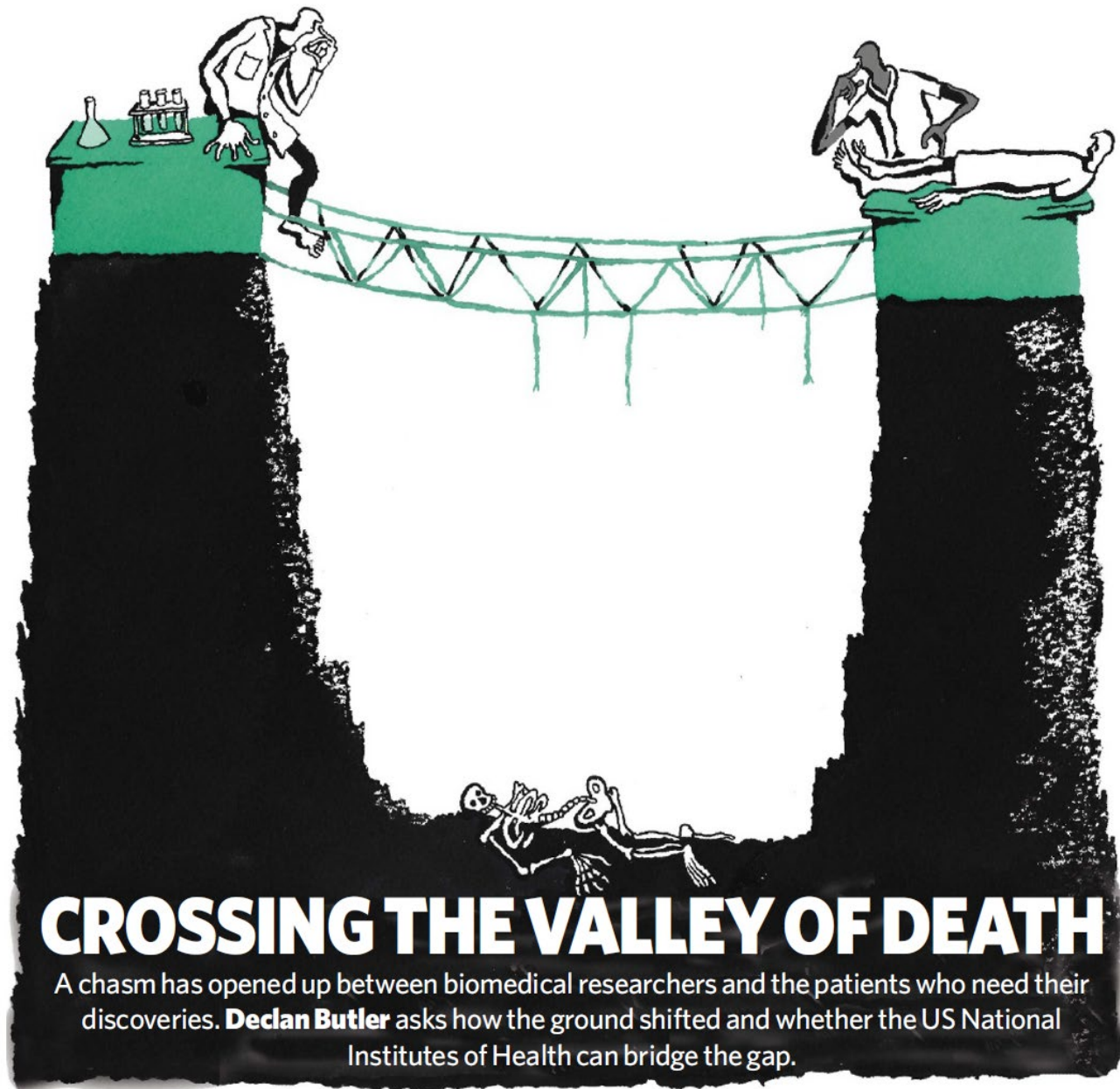


Spinal muscular atrophy



[https://sofiasees.org/  
living-lca-vickys-story/](https://sofiasees.org/living-lca-vickys-story/)

<https://www.zolgensma.com/family-videos/>

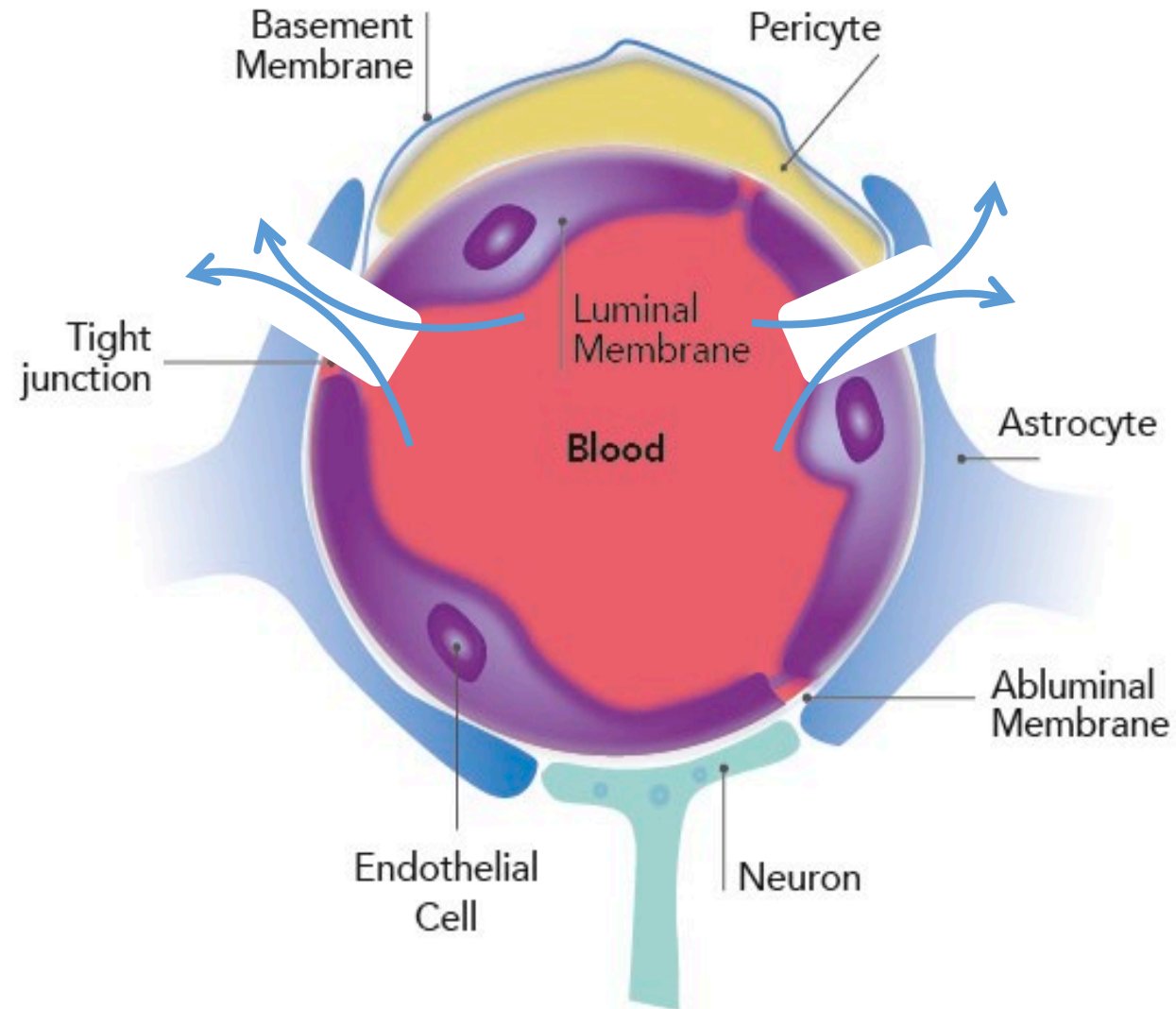


## CROSSING THE VALLEY OF DEATH

A chasm has opened up between biomedical researchers and the patients who need their discoveries. **Declan Butler** asks how the ground shifted and whether the US National Institutes of Health can bridge the gap.



# Leaky blood-brain barrier



“ONE OF THE MOST INNOVATIVE EFFORTS TO ANSWER  
QUESTIONS ABOUT WHO GETS ALZHEIMER'S DISEASE AND WHY”  
—The New York Times

*Ageing with*  
**GRACE**



What the  
Nun Study  
Teaches Us

About  
Leading Longer,  
Healthier, and  
More  
Meaningful Lives

DAVID SNOWDON, PH.D.

**Clues from the Nun study**  
School Sisters of Notre Dame, MN

**Building brain resilience can  
build “Cognitive Reserve”**

Autobiographical essays written by the nuns at ~22 years of age.

....an essay's lack of **linguistic density** (e.g., complexity, vivacity, fluency) was a significant predictor of the risk for Alzheimer's.

~**80%** of nuns whose writing lacked linguistic density went on to develop Alzheimer's disease in old age;

...of those whose writing was not lacking, only **10%** later developed the disease.



# Resources

Neurological Foundation

<https://neurological.org.nz/>

BRNZ funded Website: Living well with MCI

<https://www.goodhealthdesign.com/projects/living-well-with-mild-cognitive-impairment-mci>

Alzheimer's NZ

<http://www.alzheimers.org.nz/>

Dementia NZ

<https://www.dementia.nz/>

N.B. many other ageing-related disorders and support societies

ABP site, <https://www.aotearoabrainproject.nz>

BHRC site, <https://www.otago.ac.nz/bhrc>