



Summer 2023



Newsletter



From The Manager

A warm welcome to our Summer newsletter. This year seems to have really flown by and no it's not because I am getting older!!

We have had some great group outings to various places in our region and seen and done some exciting things on the way. Hopefully all our members have enjoyed these experiences and their carers have taken the time to explore some activities on their own. Our team take a lot of care in coming up with new things to enlighten and entertain our members and I know they had their thinking caps on for next year.

A big thank you goes out from the team (and I am sure our members as well) to our wonderful volunteers who support the staff and our members in all the activities we undertake. Without them we would not be able to provide the service that we do.

To our team of Fiona, Lynn and Terie, a big thank you for your support and hard work over the past year. Carolyn and the Board, thank you for the assistance you give to operations in so many ways that you do.

Finally to our members and their carers/whānau, a very Merry Christmas and Happy New Year. We look forward to seeing you all in 2024.

Michael

UPCOMING EVENTS

Vintage Weekend
20-21 January 2023

We are holding a stall for Vintage Weekend on Saturday
20th January
Come and say hello

Holiday Office Closure Dates

Mid-Day December 21st 2023
Reopen 9:00am January 8th 2024
Urgent Support Ph: 027 266 3757

Carer Morning Tea Support Group

Held at Alzheimers Office

Friday 10.00—11.30 a.m.
(Last Friday of each month)

26th January 2024
23rd February 2024
29th March 2024

Further enquiries please
phone our office.

Alzheimers Whanganui Inc.

4 . 236 Victoria Avenue
Whanganui 4500

Phone: 06 345 8833

Charity Register No: CC10907

www.alzheimerswhanganui.org.nz

Office Hours

Monday—Thursday -9.00am –3.00pm
Fridays—9.00am-2.30pm

Volunteers

Mystery Bus Tour

Christmas celebrations and thank you to all our fabulous volunteers

YOU ARE TOTALLY AWESOME!!!!



A big thank you to Neville Gorrie for donating his time, excellent driving skills and bus for this trip.

Started from the Racecourse to Coffee at Bason Reserve then Lunch at Virginia Lake and then off for Ice cream at the beach. Safely delivered back to the Racecourse. A great day had by all.



Group Outings

Our Groups are out and about enjoying their adventures. As the pictures below depict, enjoying a visit to the Miniature railway, whilst also Flying High with a visit to Biggins Hill Aircraft Centre. A visit to Windermere for ice cream. A visit to Maungaraupi Homestead. Over a Cupa, Music & Movement and Pool & Pint are always enjoyed. Fun times for all !!

A call out to you all regarding photos ,we rely on photos for sending with reports for funding and also for our newsletter. We need to be able to take photos, please consider allowing us to use photos of your people that are taken on the outings. Please make contact with the staff member with the group and turn your NO into a YES



Members

Christmas Bus Trip

Our members enjoyed a great day out travelling to their destination in the big red bus.

Where they enjoyed a lovely lunch and

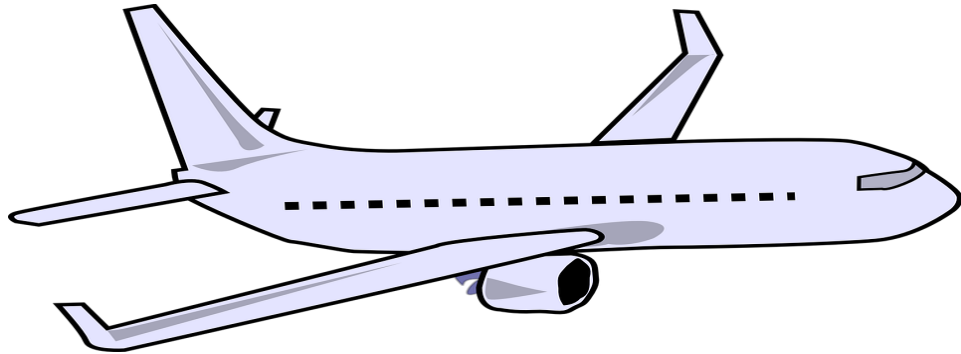
entertainment provided by Garry Spooner



Thank you again to Neville Gorrie for donating his time, excellent driving skills and bus for this trip.



Flying Somewhere??



One of our carers kindly gave us some really good information for when you are travelling by air. Please see below as taken from Wellington Airport website.

Hidden Disabilities

If you, or someone you are travelling with has a disability that isn't immediately obvious to airport staff, such as; autism, dementia, a hearing impairment, anxiety (or one of the many hidden disabilities) we can now provide you with a hidden disability lanyard to wear on your journey through the airport.

Information taken from Air NZ website/Hidden Disabilities

How to get a Hidden Disability Sunflower lanyard

If you're travelling throughout New Zealand, the airports at [Auckland](#), [Christchurch](#), [Dunedin](#), [Invercargill](#), [New Plymouth](#), [Palmerston North](#), [Queenstown](#) and [Wellington](#) have adopted the Hidden Disabilities Sunflower. Prior to your travel, you can request a free lanyard from the airport company, which you can collect at the airport to keep and use on future trips.

If you're departing from other international airports, or would like to know more, visit the [Hidden Disabilities website](#).



Can you Help?

We are looking for
A paper trimmer like this



perhaps you have one at home you don't use anymore, please consider gifting it to us.

Alzheimers Whanganui CAFE



Open 2nd Monday of the month
Last one for the year December 11th.

Resuming

12th February 2024

for carers and support persons only

for men and women

10.30–12.00pm, \$5.00 cover charge

covers a cuppa and a bite to eat.

Helps to support us to support others.

Held at 4/ 236 Victoria Ave, Whanganui.

Would love to see you there !!

Coffee Tea Time

It has been great to see some of our carers coming in to the Alzheimers Café, a chance to relax over a cuppa catch up for a natter with others and take time out. The last one for the year, December 11th. Note change of time for 2024, now 10.30am to 12.00pm.

I always enjoy seeing you all.



LEAP INTO OUR POT LUCK DINNER

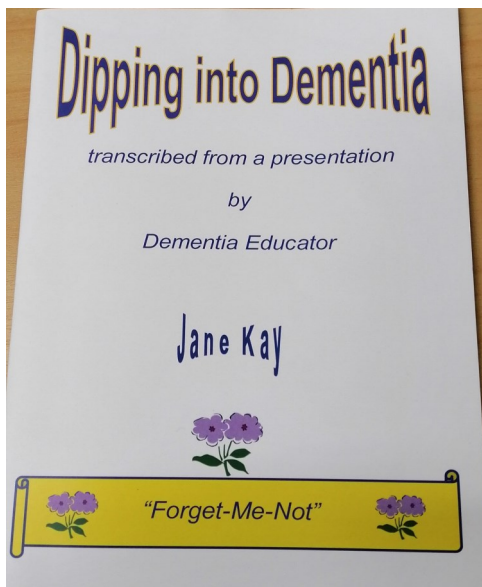
YES IT IS BACK!!!

Date: Thursday 29th February 2024

Time: 5:30pm

Where: Christs Church Anglican Church, Lower Lounge
243 Wicksteed St, Whanganui

Rsvp By: to the office by 19th February 2024



Dipping into Dementia booklet was compiled by Lynnette Hanson Munn, Lynnette was present at a meeting that Jane Kay was invited as a speaker and this book is on what Jane Kay had to say on Dementia.

A great read.

Lynnette has generously handed over the distribution of this book to Alzheimers Whanganui, we offer our thanks and gratitude to Lynnette.

Price \$7.00 per book

Except for printing costs, all proceeds from the sale of this booklet are donated to organisations that support people with dementia and their families. In Lynnette's words - To all who buy a copy of this book, we offer grateful thanks. Each one of you is contributing toward greater understanding of this disease.

Farewells

We wish to extend our thoughts and condolences to the families who have recently lost a loved one.

With fond memories we say farewell to Gavin Evans, Peter Baird, Lynn Taylor, and Bruce Gichard. You will all be missed by all those who knew you.



Thank You!

To the following Clubs and organisations for supporting us with fundraisers.

Whanganui Golf Club Venue for High Tea, amazing venue.

The Whanganui Bridge Club, for running a great Bridge Tournament.

Those who donated goods for the Memory Walk Raffles.

Thistle Sweet Shop,

Past Board and staff members,

Tanya Sherborne

Maungaraupi Homestead for free admission for our group outing.

Funding

St Laurence's Social Services Trust

The United Lodge of Wanganui No. 468

The Lion Foundation

TG Macarthy Trust

Whanganui Community Foundation

We are truly grateful for the generous grants and donations

Your support is invaluable to us, sincere thanks and gratitude to all.

A Big **Thank you!**

We wish to acknowledge with gratitude the following organisations that have provided Grants, Donations, and Services to Alzheimers Whanganui.

- **Te Whatu Ora Health NZ** - For the following Contracts with **Te Whatu Ora Whanganui**:
 - Social Programme Living Well With Dementia / Dementia Education for Whānau /
 - Community Liaison / Older Person Non-Residential Care Facility.
- **St Johns Club** - providing their venue for three of our groups (Music & Movement; Over A Cuppa and 'Pool & Pint')
- **Ricoh Wanganui** - donating our photocopier, charging minimal operating costs.
- **Good Bitches Baking** - wonderful ladies who do home baking for our group members.
- We wish to thank the following business for supporting us by having a collection tin at their counter:
Four Square St Johns (Great North Road), Aramoho Bookshop
- **Murray Crawford** for the proceeds form the sale of his two books Whimsical Tales of old Wanganui, More Whimsical Tales of old Wanganui
- **River City Press & Paiges Book Gallery** for book sales of Murray Crawfords books.

If you would like to support us by having a



collection tin; please contact our office.



“Help us to make a difference”

Supporting People with Dementia

Manager
Alzheimers Whanganui
4/236 Victoria Avenue
Whanganui 4500

I would like to support Alzheimers Whanganui by becoming a Member

Membership **\$30.00** (includes \$3.91 GST)
(January To December / per calendar year)

I would like to make a donation

Donation \$ _____

Internet banking:

Account Name: Alzheimers Whanganui Inc.
Account Number: 03 0791 0296329 00

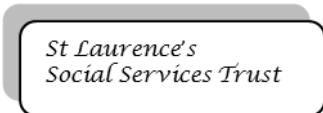
Thank you for your support



RICOH



G.O.M.E



Here for your community



Whanganui