## ALZHEIMERS WANGANUI IS COMMITTED TO THE NATIONAL DEMENTIA STRATEGY WHICH WILL:

- Improve diagnosis and management of dementia
- Provide appropriate services to all people with dementia
- Provide support for people with dementia and their families
- Develop the workforce to deliver quality dementia care
- Increase dementia research and evaluation of dementia practices



For more information about services available in Wanganui or to find out how you can support
Alzheimers Wanganui and people living with dementia in your community, contact:

# Alzheimers Wanganui 0800 004 001

Freephone (06) 345 8833

email: alzheimers.wang@xtra.co.nz

### www.alzheimers.org.nz/ wanganui

Office Hours Tuesday - Friday 9:00am - 4:00pm

Suite 5, 136 Victoria Avenue Wanganui

Near the Thistle Shop

## THE GROUP



IT IS IMPORTANT TO FEEL CONNECTED TO YOUR COMMUNITY, TO HAVE A PURPOSE IN LIFE, TO FEEL HAPPY ABOUT YOURSELF, AND TO HAVE CHOICES.

### THE GROUP:

- Do you like to be with others and have fun?
- Do you find it hard to get out and about ?
- Have you lost motivation and need support to be involved in the community?
- Would your husband/wife or family like some time for themselves?

The Group provides a regular opportunity for people from both Wanganui and Marton to get together and have fun.



#### WE:

- Have picnics at the beach
- Visit the museum and the art gallery
- Sing
- Play indoor bowls
- Laugh
- Have amazing morning teas
- AND MUCH MORE

We pick you up and drop you back home.

The Group is for people living at home.

Service agreement forms are completed prior to going out with the Group.

We provide a 3 monthly itinerary so that you know ahead what is happening.

"It is people that really matter"

RG Stewart Founding member, The 'Group'

### **COMMENTS FROM GROUP MEMBERS:**

- "Getting together with the "Group" who have a true understanding of how it really is helps enormously."
- "Love being together and the caring spirit and laughter"
- "Its good getting to know other people in my situation"
- "I like the people and just being together."



Maree and Doreen, friends of The Group