

PLEASE JOIN US - SATURDAY 17th SEPTEMBER 2016



MEMORY WALK

ALZHEIMERS WAIRARAPA

ASSEMBLE AT THE FARRIERS CAR PARK MASTERTON

REGISTRATION TIME 10.30am – Donations GRATEFULLY accepted

WALK STARTS AT 11.00am

THE FIRST 100 TO REGISTER WILL RECEIVE A FREE MEMORY WALK T-SHIRT

it is a 4km walk from the Farriers Carpark to Solway Showgrounds

THE ROUTE

SOUTH ALONG QUEEN STREET TO KURIPUNI

– HIGH STREET TO INTERMEDIATE STREET – THEN ON TO YORK STREET
AND ONWARDS TO THE SOLWAY SHOWGROUNDS

AT THE SOLWAY SHOWGROUNDS THERE WILL BE A KEY NOTE SPEAKER

We will meet and mingle over a BBQ – coffee, tea and orange juice

There will be raffles and a Memory Tree to celebrate the loved ones we walk for.

VANS WILL BE AVAILABLE ON ROUTE, AND TO TAKE YOU BACK TO THE HORSESHOE CAR PARK

Phone: 06 377 7522 Alzheimers Wairarapa Office with any enquiries

Proudly sponsored by Eastwood Motor Group



Thank you for your support of Alzheimers Wairarapa

Alzheimers Wairarapa - P O Box 865 Masterton 5840 Charity registration CC21362
Phone 06 377 7522 Email alz2.wairarapa@gmail.com Web www.alzheimers.org.nz
Solway Showgrounds – Doug Lamb Building Phone 06 377 7522 Freephone 0800 004 001



Alzheimers Wairarapa

AUGUST 2016

SUPPORT GROUP - OUR PEOPLE

Support Group Mid Xmas Luncheon, held at the White Swan in Greytown. A small group attended this function organised by Tam, it was a cosy luncheon, and was enjoyed by all. (See page 4 for meeting details)



Catherine Hall, CEO of Alzheimers NZ was the guest speaker at the Iona 10th Birthday Celebrations in June.

Susan Hitchiner, Chair of Alzheimers NZ was also in attendance.

(see page 5)

SEPTEMBER IS WORLD ALZHEIMER'S MONTH

Brain Research New Zealand supports
Alzheimer's Awareness Month September 2016

Provide us with the details of your community event including the date, location and time. We will be in touch with a potential visitor. Email marcomms@brnz.ac.nz

#ENDALZ #IGOPURPLEFOR

For
my
Grandma



ALZHEIMERS WAIRARAPA INCORPORATED

Solway Showgrounds – Doug Lamb Building Phone 06 377 7522 Freephone 0800 004 001

PO Box 865 Masterton 5840 • Email alz2.wairarapa@gmail.com

Community Support Liaison Officer Tamara Williams • Office Manager Shirley Milligan

Chairperson Mike Eastwood • Office Open 9.00am-3:00pm

Greetings from Alzheimers Wairarapa Executive Team

It would seem winter forgot to arrive this year!

Our 3-in-1 Celebration was held on 22nd June incorporating 10 years with Iona, Cuppa for a Cause and our AGM. What a great afternoon of fellowship. A special thanks to Isobel, Life Member, for cutting the cake and to Mr Hoani Paku for leading us into song and welcome.

We were especially privileged to have Chair of Alzheimers NZ, Susan Hitchiner present and Catherine Hall as, Chief Executive, gave a presentation to the meeting.

During the AGM all new members to the Executive were introduced as we have had quite a change these past six months. We have a great deal of talent on board now. One matter did come from the floor in that we do require some help with our fundraising so if anyone would like to assist we would be happy to hear from you.

We are always looking for corporate and individual sponsorship. If your business would be prepared to support our Alzheimers community work, we would be eternally grateful. Just contact me directly.



Wandatrak

Don't Forget:

If you have a member of your family or a friend who is known to Wander please contact us at the office – 377 7522 we have all the forms and contacts available.

Tam Williams, as Community Service Liaison Officer is very busy with her initiatives to meet and grow the services of Alzheimers Wairarapa.

Thanks to Shirley for her stewardship over the year and ensuring returns are filed on time.

The next big event on the calendar is the Memory Walk set down for Saturday 17 September 2016.

This will be a fun and entertaining morning culminating in a BBQ lunch as we finish at our park like surroundings and office at Solway Showgrounds.

To our many and loyal Supporters, Volunteers and Clients we say a big Thanks!

Best wishes to all for the next few months and we welcome spring with all its colour.



Mike Eastwood
Chairperson
Alzheimers Wairarapa
August 2016

LIBRARY

We have a selection of books available for you to borrow. Please drop in to us at Solway Showgrounds Office, to view our selection – plans are under way for us to purchase some more books, so as to build up our Library. If you have any Alzheimers/Dementia books that you no longer require, maybe you could Donate them to us, this will enable others to have access to them.

Beautiful surroundings & caring staff

New spacious interior walkway

**Where your loved ones will experience:
Freedom & space in our Secure Dementia Unit**

PLUS

- Van outings including Integration with the Villa Residents
- Secure grounds with seated areas amongst picturesque gardens
- Most rooms with ensuite
- Facilities include Dementia Stage 3
- Well trained and caring staff
- Safe inside & outside walking circuit
- Comprehensive recreation program includes music & Spark of Life philosophy

Lyndale Manor
Locally owned & operated
For further information contact: Manager -Viv Richardson
Phone 06 3787059 • 95 Cole Street, Masterton



Why don't you
come for a visit?

Call us on
06 370 0449 to
arrange a tour.



Kandahar Court has spark

Enliven's Kandahar Court home is more than bricks and mortar; it's a place of connection, compassion and understanding.

At Kandahar Court residents can embrace life and continue with their hobbies and interests, while remaining safe in a secure, purpose built home.

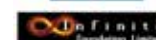
We offer a range of dementia services, including specialist residential dementia care, short-term respite, a day guest programme and advice and support for families and friends.

Call us on 06 370 0449 to find out more or to arrange a tour.

Dementia care | Respite | Day programme

Visit: www.enlivencentral.org.nz or Freephone: 0508 36 54 83

We wish to
acknowledge
our supporters
and funders



The Methodist Church
of New Zealand
Te Hahi Weteriana O Aotearoa



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Please note:

Alzheimers Web Site: www.alzheimers.org.nz

Select Wairarapa for local details, and information.

We now have a copy of our Referral Form for local GP's to fill out.

Subscriptions

As a Not-for-profit agency, Alzheimers Wairarapa needs the support of the community to continue to deliver services that really make a difference to the quality of life for all affected by dementia. **If you wish to make a Donation, these are greatly appreciated.**

Membership/Subscription Form Current year subscriptions are now due: 1st April 2016 to 31st March 2017 (Invoice included in this Newsletter)

Mr/Mrs/Ms/Other		Person with dementia:	
Surname:		Surname:	
First Name:		First Name:	
Address:		Address:	

Fees:	<input type="checkbox"/> Single \$20.00	<input type="checkbox"/> Family \$30.00 (2 or more)	Please make cheques payable to: Alzheimers Wairarapa Inc Please forward to: PO Box 865, Masterton, 5840
	<input type="checkbox"/> Corporate \$75.00	<input type="checkbox"/> Donation \$	

☐ **Internet Banking Account No: 02-0688-0184783-00**

Please insert your name as a reference + Sub + Donation
(if applicable). Any Donations would be greatly appreciated.

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Driving Miss Daisy – more than just a driving service



Driving Miss Daisy is Wairarapa's safe, friendly and reliable companion driving service.

Perfect for:

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- Or even transporting your pet!

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003788 Ag Concern Ad Wairarapa

Call Brenda today
Ph: (06) 377 0232



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Change of venue details:

OPERATUNITY Daytime Concert Series

All shows are now at Carterton Event Centre, 150 Holloway St, Carterton.

Friday 9th September

When Irish eyes are smiling – this is to be held at St Matthew's Church 35 Church St, Masterton

Friday 28th October

The Great MARIO LANZA at Carterton Event Centre

Friday 9th December

Operatunity's 15th Anniversary Gala at Carterton Event Centre

All concerts start at 11am.



Carter Court Rest Home

Carter Court offers a warm comfortable and homely atmosphere, nestled in a quiet residential setting with friendly staff.

- 24 hour personal care by experienced staff
- 40 comfortable, well appointed bedrooms, 16 with en-suites, attractive lounges and a comfortable dining room serving quality meals
- Self contained rentals for independent lifestyle
- Respite and day care services

TWO NEW SPACIOUS
2 BEDROOM VILLAS

- ONE SOLD
- ONE AVAILABLE



Free no-obligation tours are welcome.
Enquiries to Chris Clarke (Manager).

95 - 97 Pembroke Street, Carterton
Phone (06) 379 8075

Community Support Liaison Officer

Crickey, isn't the year flying by! It doesn't seem like it, but I have been in this role six months now!! I have to say – loving every minute of it!!!

It's been my pleasure to meet all of our current clients, their families, and supporters; without you we have no service, it is fitting therefore, that some of our support group are the cover celebrities of our newsletter. Another highlight has been meeting all our volunteers. I never cease to be amazed at the generosity of people – you all restore my faith in the human race.

It's safe to say we're growing; we have had 25 new referrals, mostly over the last 4 months. This reflects too, what my colleagues both in the Wairarapa and in other regions are saying. I guess we are seeing the baby boomers coming through, and the need for our services is starting to get heavier now. It is my aspiration that Alzheimer's Wairarapa is as prepared as we can be, in offering robust services in the future. This is just the beginning of what could potentially; feel like a deluge on our service. It's exciting on the other hand, in that this affords us a big opportunity to be trail blazers in the services we offer.

Speaking of services, Iona celebrated a milestone birthday recently. This was a fantastic opportunity for me to put faces to names. Many of you are not so involved now, but rest assured you are never forgotten. It has taken me an age to figure out who everyone is, and the huge parts

they have played in making Iona what it is today. I kept hearing names bandied about, and now I have been able to connect up the dots!

A couple of weeks ago, during the school holidays I did a volunteer shift at Iona. I took my daughter with me. Driving home, I asked her how she enjoyed her day, her reply was "I can't believe you get paid to have sooo much fun Mum, and you get to eat fish and chips!"

Next month on the 21st September, we have a half-day training session for our volunteers. Jenny Prentice is coming to do a short session on her role as Elder abuse and Neglect Prevention Coordinator, and this will be followed by a session with Murray Henderson, who is going to make health and safety seem really interesting for us all!! Of course we will have time for a sneaky cuppa and chat. I have booked the meeting room at our office here in the Solway Showgrounds. A memo for this date will be sent out in the roster.

We are heading fast toward Wairarapa's "Alzheimer's Awareness" week – 12-17 September, which will culminate in our Memory Walk. Many thanks in advance to those who help us out during this week. I'm not sure where we'd be without you!

Meanwhile, keep warm everyone!
Take care,
Tam Williams

DEMENTIA TODAY:
Diverse Communities, Collective Action

Alzheimers NZ Biennial Conference
19th Asia Pacific Regional Conference
of Alzheimer's Disease International

Diary the
dates now!

3 – 5 NOVEMBER 2016

TSB Bank Arena & Convention Centre
Wellington, New Zealand

Programme will include the Asia-Pacific
Regional Business Meeting

For more information visit: www.alzheimers.org.nz/2016-conference

Alzheimers Awareness Week September Street Appeal 12th-17th

Our Awareness week of street collecting in the Wairarapa is from Monday 12th to Friday 16th September 2016. To finish off the week we will be holding our Memory Walk on Saturday 17th September. Collection will be at New World and Countdown supermarkets.

Anyone who would like to help, 2 to 3 hours collecting please contact Shirley at the office 377 7522 – we will be collating a roster towards the end of August. Lynda will be ringing volunteers to see if they are available.



2016 Support Group meeting dates



The Support Group meetings are held at 1.30pm on the first Tuesday of every month, at Alheimers Wairarapa Office, Solway Showgrounds in the Doug Lamb Building. (A varied programme is the format, followed by afternoon tea, all are welcome).

Tuesday – 9th August 2016

Tuesday – 6th September 2016

Tuesday – 4th October 2016

Tuesday – 1st November 2016

**Tuesday – 6th December – Xmas date
(to be confirmed)**

Tuesday – January – no meeting

Donations & Memorial Gifts

Our grateful thanks to those who have given funeral donations and memorial gifts in memory of a loved one.

We extend our deepest sympathies to those families who have lost a loved one in recent months.

New volunteers welcome, come and meet us



Photo: Isabel Campbell Life Member, cutting the cake. Chair Mike Eastwood looks on.

Iona 10th Birthday Celebration

Dementia service celebrates a decade of helping

Alheimers Wairarapa and Masonic Care Ltd held a birthday function on 22nd June 2016 at Masonic Village Hall to celebrate 10 years of Iona Day Activity Group. The group meets twice a week, on Tuesday and Friday, 10am to 3pm. Mike Eastwood, Chair of Alheimers Wairarapa made the opening speech, followed by Hoani Paku, with the opening prayer/Karakia, Hoani also entertained with his guitar, ending with a blessing of the food.

A range of people associated with Iona attended. It was fabulous to see some founding members and those who first set up both Alheimers Wairarapa and Iona there.

Isabel Campbell, one of the foundation members who instigated the venture, and now Life Member alongside Carol Campbell (also a Life Member), Margaret McGuinness (absent),



Photo: Hoani Paku.



Photo: Guest speaker Catherine Hall, CEO of Alheimers NZ chatting with Executive Member, Anna Reed.

Liz Garden, Jenny Baker were all present to see this first decade celebrated. Isabel cut the cake and made a speech. Our Thanks also go to the Chef at Masonic Care for the lovely cake.

The day was followed with a "cuppa for a cause" catering was supplied by the Alheimers executive members, staff and Glenwood Masonic Care Ltd hospital kitchen.

This was followed by our AGM for 2016 Current Executive members are:

Mike Eastwood – Chair
Shirley Milligan – Minute Secretary

Executive Members:

Anna Reed, Denise McAlpine, Lynda Dawkins, Hilary Amundsen and Jenny Prentice.

We were fortunate to have Catherine Hall CEO of Alheimers NZ and Susan Hitchiner, Chair of Alheimers NZ attend this special occasion.

Catherine kindly agreed to be our guest speaker.