



Gisborne/Tairāwhiti

Staying Healthy in the Face of Dementia

**September
is
World
Alheimers
Month**

**This is a free
presentation to look at
the disease and the 14
factors that can help
prevent, reduce or delay
the on-set of dementia
mate wareware.**



What is dementia?



**What are the risk
factors?**

**September 25th
10.00 am - 12.00**

**Alheimers Gisborne Tairawhiti
Sherwood Club lounge
Gate 2
Gisborne Hospital**

Contact Us



06 867 0752



gisborne.alheimers@xtra.co.nz

**BOOKINGS
ESSENTIAL**