



Alzheimers *Eastern Bay of Plenty*

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Tuesday to Friday 9am to 12 noon

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February to April 2019

MESSAGE FROM THE CHAIR

Greetings to all and best wishes for 2019 as we start off the year with a very hot month! We are facing many changes this year and looking forward to what they bring.



Pam Greenaway and Sally Shaw

At the staff Christmas party, we paid tribute to all the time and energy **Pam Greenaway** has devoted to Alzheimers over the past 18 years. She has made a major contribution to the development of Alzheimer's EBOP to become the excellent professional body it now is. She served on the national Board of Alzheimers New Zealand. Pam's contribution has been recognised by granting her Honorary Membership in Alzheimers EBOP. Thanks again Pam.

We also recognised the great contribution **Sally Shaw** has made to the development of Alzheimers EBOP. The new role of manager was trialled by her in 2018. She will remain involved for the next

three months in a mentoring capacity.

Wendy Tozer was thanked for her work as Volunteer Programme Coordinator. She is now acting as the coordinator for special projects.

We are pleased to announce the appointment of **Violet Hape** who started on 30 January. She is the first appointed Manager in our 30 year history. Violet will be responsible for operations, service and delivery and marketing/fundraising. She is keen to understand our work and looks forward to meeting you out in the community. Violet brings a wealth of operational management experience from a primary care and Iwi background. She descends from the Iwi of Tūhoe with strong connections to the wider Eastern Bay of Plenty community.



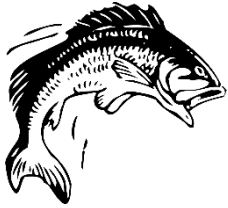
Amanda Perfect took up the role of Volunteer and Programmes Coordinator in December and introduces herself on the next pages.

We have a very busy programme coming up with the **Hamertons's Fishing Tournament 7 to 9 March**, the **Dementia Forum 27 March** and the **Quiz Night 5 April**. More information inside the newsletter.

The Board is having a *Strategic Planning Session* in late March focussing on the organisation looking forward for the next 3-5 years. I welcome your views on how we are doing, what is working and what is challenging and ideas about how we may do better. Please leave a message at susi@ecmanagement.co.nz or at the office phone 07 3080525, and I will contact you. **Susi Shaw**

CHARTY FISHING TOURNAMENT

Hamerton's of Whakatane is organising a **Fishing Tournament** on **Thursday 7th to Saturday 9th March** at the *Whakatane Sportfishing Club*.



This event is raising funds for Alzheimers Eastern Bay of Plenty and there are plenty of great prizes. The cost to enter is \$60pp person and you don't need to be a Fishing Club member. Get out your boat and a crew and support this wonderful event.

If you would like to help with sponsorship which can be funds or products, please make contact at: whkcharityfishing@gmail.com

For more information:

<http://www.whakatanecharityfishing.com/>



MESSAGE FROM THE NEW PROGRAMME COORDINATOR



Hi, I'm Amanda Perfect and I'm looking forward to meeting you all in my new role as Volunteer and Programmes Coordinator for Alzheimers EBOP. My family and I have lived in

Whakatane for about 15 years, and I've spent that time raising my children as well as working at both *Growing Through Grief* and the *Disabilities Resource Centre Trust*, and am a Board Member for the *Life Education Trust*.

I'm a big fan of the work that our community charities do, and feel we should be proud of the many dedicated volunteers we have in our region. Thanks to everyone I have met so far for the warm welcome, and I am very much looking forward to meeting many more of you in the new year to chat about what you like about our programmes, what you'd like to see in the future, and getting to know you!

ALZHEIMERS QUIZ NIGHT



The third annual **Quiz Night Alzheimers Fundraiser** will be held on **Friday 5th April** from 7 to 10pm at Acacia House, Louvain Street, Whakatane. Finger food will be provided and there will be a bar for purchasing drinks. The evening will include auctions, spot prizes and raffles.

Tables will be arranged for teams of 6 for \$120 per table. Get your team together, give it a fun name and enrol with Heather at the office. Come and test your knowledge and have an entertaining time.

DEMENTIA CARE AND SUPPORT FORUM

Alzheimers EBOP will be holding a **Dementia Care and Support Forum** on Wednesday the 27th March, 2019. Our keynote speaker this year is Angela Caughey, author of *Dealing Daily with Dementia* and *How to Communicate with Someone who has Dementia*. Angela has a wealth of knowledge and experience having cared for her husband Brian for 14 years, with Lewy Body Dementia (LBD).

The day will commence at 9.00 am with registrations and be packed full of information from engaging speakers, finishing at 2.30 pm.

To book your place phone Heather at the office 07 3080525. Cost of \$20 for the day includes morning tea and lunch.

Susanne Boonen

DONATION

A big thank you to the **Ohope Mahjong Club** for their generous donation to Alzheimers EBOP in October 2018. This was very much appreciated and will definitely go a long way in helping our organisation support those who live with dementia.

HAPPY CHRISTMAS CELEBRATIONS



On the 4th of December, a group of around 50 people gathered for an enjoyable time of fun, laughter,

conversation, singing and eating under the watchful eye of Father Christmas and his fairy helper.

Photo by Amanda Perfect

ART GROUP CHANGES

The Art Group that was being held on Thursdays is on hold right now, as we plan new exciting Art Activities for this year. Watch this space as our plans take shape! In the meantime we will be incorporating some art opportunities into our monthly Support/Activities Groups.

Amanda Perfect

PRESENTATION REPORT

Ruth Thomas, Midland DHB Regional Nurse Advisor gave an extremely informative and insightful presentation on ***Behaviours that Challenge***. This was held at Acacia House and well supported by both members of our community and local organisations. It was so refreshing to be reminded about ways in which we can help and better understand those who are living with dementia.

They may forget what you said, but they will not forget how you made them feel
Carl W Buechner

CONDOLENCES



We extend our deepest sympathy to the **Ray** whanau/ families who have lost a loved one recently. We would like to thank all the families who have requested donations to Alzheimers EBOP to be made in lieu of flowers. These donations help us to give support, information and education to those families who are caring for someone with dementia.

KAWERAU MEETINGS

We are changing our style of monthly support meetings. In Kawerau we have been trialling a new system for a few months and our support group meeting for carers and an activity meeting for our clients are both held at the same time and venue. We have separate meetings then all get together over a cuppa and a chat. Our members really enjoyed the new format, and made it a good social occasion.

This year we will be holding our Whakatane monthly Support/Activities meetings at Acacia House, Louvain St. The next Support/Activities meeting in Whakatane is on Tues 12 February. However, Acacia House is not available to us for that day so we will be meeting at the Red Barn for a morning tea get-together at 10am. We look forward to seeing you all again for the new year's start.

Kath Shepherd

PUBLIC TRUST

Looking at your financial affairs? Did you know that Public Trust provides a 50% subsidy via Alzheimers NZ for some services? Get in touch with Public Trust direct.

SUBSCRIPTIONS

We at Alzheimers Eastern Bay of Plenty are able to keep up the work we do through the income of Subscriptions, Donations and Grants that we receive. An annual subscription of \$25 covers the whole family and covers the period from 1st June to 31st May each year. This subscription helps us provide the newsletter to keep you informed about what we do.

Please use the form below to send in with your donations for the new subscription year. Many thanks to those people who have paid their subscriptions already.

MEMBERSHIP 2018/2019

ALZHEIMERS SOCIETY EASTERN BAY OF PLENTY INC

Name:

Phone No:

Address:

Email address:

Annual Subscription for a family: \$25.00

Plus donation \$

Total: \$

Send payment to: **Alzheimers Society EBOP**, PO Box 13, WHAKATANE 3158 or you can direct credit to Westpac 03-0490-0180920-00 using your name as reference.

ALZHEIMERS EASTERN BAY OF PLENTY

Chairperson	Susi Shaw
Committee Members	Julie Meekel, David Wicks, Cathy de Farias and Ngaire Lewis
Manager	Violet Hape
Educator	Susanne Boonen
Community Liaison Officers	Kath Shepherd, Elaine Tangitu
Programme Co-ordinator	Amanda Perfect
Office Administrator	Heather Balcombe
Newsletter Editor	Anne Wicks



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TE WHARE WĀNANGA O
AWANUIĀRANGI

Once you have finished with this newsletter we suggest you hand it on to someone else.
How about leaving it in your doctor's waiting room, or at the dentist?
You never know who might be in need of some information about our organisation.

BEQUESTS

If you would like to support our services and make a positive difference to the lives of many people affected by Alzheimers and other dementias, you may consider making a bequest to **ALZHEIMERS SOCIETY EASTERN BAY OF PLENTY**.

You can nominate what you want to leave:

- Part or all of what is left from your estate (the residue)
- A nominated percentage of your estate
- A specific gift.

Whatever you choose to do, your gift will make a difference to the lives of many people in the Eastern Bay of Plenty. Thank you to those who choose to help in this way.