



Alzheimers *Eastern Bay of Plenty*

Professionals Building, Unit 3, 4 and 5
38 Landing Road, WHAKATANE
PO Box 13, WHAKATANE 3158
Tuesday to Friday 9am to 12 noon

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Website: <http://www.alzheimers.org.nz/alzheimers-eastern-bay-of-plenty/>
Facebook: www.facebook.com/AlzheimersEasternBOP

AUGUST TO NOVEMBER 2018

MAMA MIA! 2 FUND RAISER



Enthusiatic supporters



The Alzheimer workers



Sue McIntosh & Ngaire Lewis



Sue Robertson

A great evening was had by all who attended the Opening Night of ***Mama Mia! 2*** fund raiser at Whakamax Movies on 19 July. People were invited to enjoy a Happy Hour with drinks and nibbles before the show, to dress up to compete for the best Abba-Solutely Fabulous' costume, song sheets were provided, tickets in a raffle could be bought and spot prizes were available.

Over 60 people attended and not only had a good time but also raised over \$1,000 for Alzheimers. Many thanks to those involved in the organisation and to those who attended.

COMING EVENTS

Social Event: Mystery Bus tour: 3 Sept: see newsletter

Alzheimers Memory Walk Sunday 23 September Warren Cole Walkway.
\$5 donation and receive free T-shirt. Meet at the amphitheatre at 2pm

Annual General Meeting Thurs 27 September 3.30pm Alzheimers Office

Bunnings Sausage Sizzle 30 September 8.30am to 2pm

NEWS FROM THE CHAIRPERSON

EBOP Alzheimers is bursting with activity. We are thrilled to welcome Susanne Boonen back into our fold as educator as a result of funding by DHB under the new model of service delivery. She will add to awareness and understanding for people and families living with dementia. It is pleasing that government is recognising Alzheimers as a significant entity by providing greater DHB funding.

The opening night of the movie *Mama Mia* was fabulously enjoyed by a strong contingent of supporters for EBOP Alzheimers. Flares, stripes, scarves and wigs adorned many and put everyone in the mood for a night of song and remembrance of 40 years ago.

Dave Wicks and Julie Meekel lead a fantastic team of people who support them with fund raising events. If you would like to support little or large, with one or many events please leave a message or talk with office reception Ph: 30 80525 so Dave or Julie can discuss with you possibilities.

I also encourage you to spend 20 minutes on www.alzheimers.org.nz **becoming a Dementia Friend. It's easy to complete, you learn and can share the message!**

Susi Shaw

NB KAWERAU CARERS

Kawerau carers have a new venue for their meetings. It is the **Bert Hamilton Hall**, Porritt Drive Kawerau. Meetings will still be on Thursdays at 1.30pm.

ALZHEIMERS EBOP ON FACEBOOK

Please note that we now have a Facebook page. Please visit it to keep in touch with ongoing events at www.facebook.com/AlzheimersEasternBOP

TE WHANAU A APANUI DEMENTIA CARE & EDUCATION DAY, TE KAHA



The Alzheimers EBOP team with their Kaumatua/Cultural Advisor Abe Rangi held a one day education forum on 15th May in Te Kaha. This was the result of many months of travel, support and education to families, caregivers and others by the Alzheimers Eastern Bay of Plenty team, with funding from Disability Community Trust. Local and other stakeholders/key people involved were the local GP, staff from a rest home and Iwi Health & Social Services people. Legal advice on Enduring Power of Attorney was given as well as professional support for individuals and families whose lives are affected by dementia.

This was well attended with locals from the community and even as far away as Lotin Point. Some of the comments received:

- I would like to become a carer, very informative & knowledgeable
- I am a community support worker and support a person living with dementia. Interested in learning more.

The main question asked was “What is the difference between Alzheimer and Dementia?”

CONDOLENCES



We extend our deepest sympathy to those families especially the **Gill, Kennedy and Klein** whanua/family, who have lost a loved one recently and thank the families who gave donations to the Society in lieu of flowers.

DEMENTIA FRIENDS

Dementia is not a natural part of **ageing**
Dementia is caused by **diseases** of the brain
The most common type of dementia is **Alzheimer's** disease
Dementia is not just about **losing your memory**
Dementia is **progressive**, which means the symptoms will gradually get worse
One **in fourteen** people over 64 will have developed dementia before they die
Dementia affects each person in **different** ways
Alzheimer's disease usually starts by affecting people's **short term memory**
Dementia can also affect people's **perception**
It is possible to **live well** with dementia
There is **more** to a person than the dementia
Dementia Friends is about turning understanding in **action**.

Join Dementia Friends today.

You will need to complete a short online programme and commit to taking action:

- Getting a better understanding and appreciation of dementia
- Doing what you can to ensure people you meet with dementia have a positive experience
- Helping someone living with dementia do something they might enjoy or assist with a task
- Volunteering for Alzheimers Eastern Bay of Plenty

<http://www.alzheimers.org.nz/get-involved/become-a-dementia-friend>

Contact Wendy Tozer, Programme Coordinator at tozeralzheimersebop@xtra.co.nz, or phone the office 07 3080525

LIBRARY SESSIONS

The Information sessions at the libraries in Opotiki and Kawerau have been very successful. Alzheimer staff are available to answer questions on second Thursday in Kawerau and monthly on Tuesdays in Opotiki.

(See insert for details)

SOCIAL EVENT



Mystery Bus Tour

3 September 2018

Meet at the Hub

9am for the kick off

Home around mid to late afternoon

\$25each: RSVP the office by the 27 August

WEIRD EH?

i before e

Except when your foreign neighbour Keith receives eight counterfeit beige sleighs from feisty caffeinated weightlifters.

SUBSCRIPTIONS

We at Alzheimers Eastern Bay of Plenty are able to keep up the work we do through the income of Subscriptions, Donations and Grants that we receive. An annual subscription of \$25 covers the whole family and covers the period from 1st June to 31st May each year. This subscription helps us provide the newsletter to keep you informed about what we do.

Please use the form below to send in with your donations for this subscription year.

MEMBERSHIP June 2018/May 2019

ALZHEIMERS SOCIETY EASTERN BAY OF PLENTY INC

Name: Phone No:

Address: Email address:

Annual Subscription for a family: \$25.00

Plus donation \$ Total: \$

Send payment to: **Alzheimers Society EBOP,**

PO Box 13, WHAKATANE 3158 or you can direct credit to Westpac 03-0490-0180920-00 using your name as reference

ALZHEIMERS EASTERN BAY F PLENTY

Chairperson	Susi Shaw
Committee Members	Julie Meekel, David Wicks, Cathy de Farias and Ngaire Lewis
Manager	Sally Shaw
Service Delivery	Pam Greenaway
Events Coordinator	Rosemary Sloman
Educator	Susanne Boonen
Community Liaison Officers	Kath Shepherd, Elaine Tangitu
Programme Co-ordinator	Wendy Tozer
Office Administrator	Heather Balcombe
Newsletter Editor	Anne Wicks



Once you have finished with this newsletter we suggest you hand it on to someone else.
How about leaving it in your doctor's waiting room, or at the dentist?
You never know who might be in need of some information about our organisation.

From:
Alzheimers Society Eastern Bay of Plenty Incorporated.
P O Box 13
Whakatane 3158