



# Alzheimer's *Eastern Bay of Plenty*

Professionals Building, Unit 3, 4 and 5  
38 Landing Road, WHAKATANE  
PO Box 13, WHAKATANE 3158  
Tuesday to Friday 9am to 12 noon

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Website: <http://www.alzheimers.org.nz/alzheimers-eastern-bay-of-plenty/>  
Facebook: [www.facebook.com/AlzheimersEasternBOP](http://www.facebook.com/AlzheimersEasternBOP)

## FEBRUARY TO APRIL 2018

### *Events for the start of the New Year*

#### Mystery trip around town



26 February  
\$15

Meet at the Hub 9.00am

Please RSVP by 22 February to the office  
on 3080525  
with fish and chip order.

Also contact office if needing a ride.

#### Music and Friendz Lunch



10.15am on 23 April  
\$15

Knox Presbyterian Church  
Domain Rd

Please contact the office by 20 April with  
numbers.

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#### Meet the Clydesdales and a picnic lunch



26 March  
\$15  
9.30am at the  
Hub

Please contact the office by 22 February  
with your name.

We can go out in convoy and anyone  
needing a ride please contact the office.

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#### Quiz Night



Friday 6 April.  
Acacia House, Louvain Street Whakatane  
Same successful format.  
Phone the office for more details later.

## MESSAGE FROM THE CHAIRPERSON

Kia Ora & Greetings for 2018

We held our first monthly meeting of the year on 1 February and were very pleased to welcome two new Board members – Cathy de Farias and Ngaire Lewis. They will strengthen the financial and health sector expertise of the governance team.

With a Quiz Night planned in a few months we encourage you to start thinking about who is on your team – see elsewhere in the newsletter for more details!

*Susi Shaw, Chairperson*

## CHRISTMAS PARADE



Many thanks to Les Cairns who helped to put together the float for the Christmas Parade. He also supplied the means of transport! There were many positive comments and the float certainly raised the profile of Alzheimers.

## FUND RAISERS

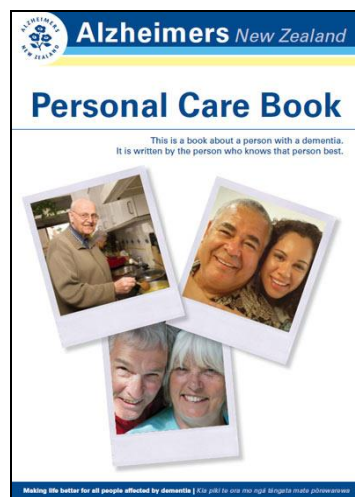


Alzheimers was most fortunate to be the chosen charity for the *J A Russel* golf tournament this year. The tournament is held annually in memory of Graeme Powley with his family deciding which voluntary organisation will benefit from it. Not only did Alzheimers receive the donations from the tournament, but the company also contributed so that the final amount received was around \$12,000.

Another fund raiser was the Annual Street Collection. This too was very well supported

***Thank you so much to everyone involved in both events.***

## PERSONAL CARE BOOKLET



As caring for a person with dementia can be demanding, there may come a time when you need to hand over the caring role to other people. It is possible that because of unforeseen emergencies, you cannot be with your family member for a period of time and the responsibility of caring must be left to others who do not know your relative as well as you.

In your absence this *Personal Care Book* can enable the change-over to take place with minimal disruption, by describing the person you care for, their background and what is involved in their daily care requirements. The new carer, as well as gaining a better understanding of your family member, will also gain conversation topics from the book to help your relative feel more at ease.

It is available to order so please contact your local Alzheimers organisation – cost \$10.

<http://www.alzheimers.org.nz/>

## QUOTE

*Every time I read to her, it was like I was courting her, because sometimes, just sometimes, she would fall in love with me again, just like she had a long time ago. And that's the most wonderful feeling in the world. How many people are ever given that chance? To have someone you love fall in love with you over and over?*

Nicholas Sparks, THE WEDDING

## VOLUNTEER PROFILE



Janette Ford has lived in Whakatane for the past 27 years. Prior to that she lived in number of places around New Zealand and spent time in Australia.

Her first job was at Kingseat Hospital when she got the position of caregiver by pretending she was older than her 17 years! She stayed there for 7 years in the Seventies and then worked in various aspects of the Hospitality industry. On her arrival in Whakatane, Janette worked for many years at the Ohope Lodge Rest home both as care giver and as cook. She has also worked for other care giving establishments in the area.

Her volunteering for EBOP Alzheimers Society began when Janette left working for Pohutukawa Day Care 3 years ago. She now enjoys working with clients and their families with her motto being 'treat someone like you would like to be treated no matter what their condition'.

Janette would like to recommend the following book to anyone living with dementia: *Creating moments of Joy* by Joelene Brackey. It is a journal for caregivers and provides ideas and comments about methods of caring. The book is in our EBOP Alzheimers Society library for anyone to borrow.

Janette's motivation for volunteering for Alzheimers is that she just loves older people and wants them to feel wanted, loved and cared for.

## TRIBUTE



It is with sadness that we note the passing of Bruce True, QSM, a wonderful volunteer for EBOP Alzheimers Society. He was born in 1927 and lived a long productive life. He was one of the founding members of the Blokes Shed in Opotiki and was active in it right up until recently when he became unwell. He was devoted to Alzheimers – we will miss his support.

## LIVING WITH MEMORY LOSS



A very successful 2 day programme of **Living with Memory Loss** was held up the coast with participants from Te Whanau A Apanui. They included those living with Dementia, care givers supporters and staff from Te Runanga O te Whānau. Another programme will be offered on the coast before the winter.

## CONDOLENCES

We extend our deepest sympathy to the **Bowering** whanau/ family, who have lost a loved one recently.

## SUBSCRIPTIONS

We at Alzheimers Eastern Bay of Plenty are able to keep up the work we do through the income of Subscriptions, Donations and Grants that we receive. An annual subscription of \$25 covers the whole family and covers the period from 1st June to 31st May each year. This subscription helps us provide the newsletter to keep you informed about what we do.

Please use the form below to send in with your donations for this subscription year.

### MEMBERSHIP June 2017/ May 2018

#### ALZHEIMERS SOCIETY EASTERN BAY OF PLENTY INC

Name: \_\_\_\_\_ Phone No: \_\_\_\_\_

Address: \_\_\_\_\_ Email address: \_\_\_\_\_

Annual Subscription for a family: \$25.00

Plus donation \$ \_\_\_\_\_ Total: \$ \_\_\_\_\_

Send payment to: **Alzheimers Society EBOP**, PO Box 13, WHAKATANE 3158 or you can direct credit to Westpac

03-0490-0180920-00 using your name as reference

## ALZHEIMERS EASTERN BAY OF PLENTY

Chairperson	Susi Shaw
Committee Members	Julie Meekel, David Wicks and Fran Cacace
Manager	Sally Shaw
Service Delivery	Pam Greenaway
Community Liaison Officers	Kath Shepherd, Elaine Tangitu
Programme Co-ordinator	Wendy Tozer
Office Administrator	Heather Balcombe
Newsletter Editor	Anne Wicks



Opotiki Community Health Trust

New Zealand Post

Once you have finished with this newsletter we suggest you hand it on to someone else.  
How about leaving it in your doctor's waiting room, or at the dentist?  
You never know who might be in need of some information about our organisation.

From:  
Alzheimers Society Eastern Bay of Plenty Incorporated.  
P O Box 13  
Whakatane 3158